

UNIVERSIDADE PAULISTA

**ECO-HOMEOPATIA: AS POTÊNCIAS HOMEOPÁTICAS
REGULAM O CRESCIMENTO E A TOXICIDADE DE
Raphidiopsis raciborskii (CIANOBACTÉRIAS) E
PODEM SER RASTREADAS FÍSICO-QUIMICAMENTE**

Tese apresentada ao programa de Pós-Graduação em Patologia Ambiental e Experimental da Universidade Paulista – UNIP, para obtenção do título de Doutor em Patologia Ambiental e Experimental.

SUHAM NOWROOZ MOHAMMAD

SÃO PAULO

2023

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Orientadora: Profa. Dra. Leoni Villano Bonamin

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“Em algum lugar, alguma coisa incrível está esperando para ser descoberta.”

Carl Sagan

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RESUMO

Introdução: As cianobactérias são microrganismos encontrados em diversas partes do mundo, sendo vários gêneros produtores de cianotoxinas. Verificou-se que as potências homeopáticas modulam a toxicidade em diferentes modelos biológicos, e o presente estudo procura descobrir se esse também pode ser o caso das cianobactérias. **Objetivos:** a) investigar os efeitos potenciais de potências homeopáticas na resiliência de embriões de *Artemia franciscana* (camarão-de-salmoura) à saxitoxina (cianotoxina) e no crescimento de *Raphidiopsis raciborskii in vitro*; b) verificar a correspondência dos parâmetros físico-químicos das potências específicas com os respectivos efeitos biológicos. **Método:** Cistos de *Artemia franciscana* foram cultivados em água do mar em placas de 96 poços para avaliar a taxa de eclosão, vitalidade e expressão gênica de proteínas de choque térmico (Hsp), após serem desafiados com extrato de *R. raciborskii* contendo 2,5 µg/litro de saxitoxina e tratados com diferentes potências homeopáticas. Culturas de *R. raciborskii* mantidas em meio ASM-1 foram igualmente tratadas com potências homeopáticas, e seu crescimento foi monitorado em função do tempo. As propriedades físico-químicas dos respectivos meios aquosos foram avaliadas por interação com corantes solvatocrômicos e medidas de pH, condutividade e temperatura. A avaliação da expressão gênica de proteínas de choque térmico foi realizada com as amostras de *Artemia franciscana*. **Resultados:** Observou-se menor taxa de eclosão de cistos de *Artemia franciscana* após tratamento com *Nitric acidum* 6cH ($p=0,03$), e reversão completa da toxicidade com aumento da expressão gênica de Hsp26 e p26 após tratamento com isoterápico (extrato de *R. raciborskii*) 200cH ($p\leq 0,02$). O *Nitric acidum* 200cH e *Mercurius solubilis* 30cH limitaram o crescimento exponencial das cianobactérias ($p\leq 0,003$) independentemente de sua concentração. A cumarina 7 provou ser um marcador para o *Nitric acidum* 6cH e isoterápico 200cH, mesmo quando inserido na água do mar. O vermelho do Nilo mostrou ser um marcador para o *Nitric acidum* 200cH e *Mercurius solubilis* 30cH, mesmo quando inserido em meio ASM-1 ($p\leq 0,05$). Observou-se aumento do pH e efeitos endo/exotérmicos do meio ASM-1 após esses tratamentos ($p\leq 0,007$). As análises físico-químicas foram otimizadas após a prévia submissão das amostras a fluxo magnético médio de 2400 Gauss, de forma constante e unidirecional. **Conclusão:** O isoterápico 200cH melhorou a biorresiliência da *Artemia franciscana* à própria

saxitoxina; O *Nitric acidum* 200cH e *Mercurius solubilis* 30cH limitaram o crescimento de *R. raciborskii*. Em todos os casos, as potências homeopáticas que apresentaram efeito biológico foram passíveis de rastreamento no meio aquoso usando corantes solvatocrômicos, em especial quando as amostras foram submetidas ao campo magnético. Os resultados apontam para o potencial da homeopatia na mitigação de problemas ambientais relacionados à qualidade da água.

Palavras-chave: saxitoxinas; *Artemia franciscana*; bioresiliência; água; Hsp; ecotoxicologia.

ABSTRACT

Introduction: Cyanobacteria are microorganisms found in many parts of the world, and several genera are cyanotoxins producers. Homeopathic potencies have been found to modulate toxicity in different biological models, and the present study endeavors to discover whether this might also be the case with cyanobacteria.

Objectives: a) to investigate potential effects of homeopathic potencies on the resilience of *Artemia franciscana* (brine shrimp) embryos to saxitoxin (cyanotoxin) and on the growth of *Raphidiopsis raciborskii in vitro*; b) to verify any correspondence of physicochemical parameters of specific potencies to respective biological effects.

Method: *Artemia franciscana* cysts were cultivated in seawater in 96-well plates to evaluate the hatching rate, vitality, and gene expression of heat shock proteins (Hsp), after being challenged with *R. raciborskii* extract containing 2.5 µg/liter of saxitoxin and treated with different homeopathic potencies. Cultures of *R. raciborskii* maintained in ASM-1 medium were equally treated with homeopathic potencies, and their growth was monitored as a function of time. The physicochemical properties of the respective aqueous media were evaluated by interaction with solvatochromic dyes and pH, conductivity, and temperature measurements.

Results: A lower rate of hatching of *Artemia franciscana* cysts was observed after treatment with *Nitric acidum* 6cH ($p=0.03$), and a complete toxicity reversal with increased Hsp 26 and p26 gene expression was seen after treatment with Isotherapeutic (*R. raciborskii* extract) 200cH ($p\leq 0.02$). *Nitric acidum* 200cH and *Mercurius solubilis* 30cH limited the exponential growth of cyanobacteria ($p\leq 0.003$) regardless of their concentration. Coumarin 7 proved to be a marker for *Nitric acidum* 6cH and Isotherapeutic (*R. raciborskii* extract) 200cH, even when inserted into seawater. Nile red was a marker for *Nitric acidum* 200cH and *Mercurius solubilis* 30cH, even when inserted into ASM-1 medium ($p\leq 0.05$). An increase in pH and endo/exothermal effects of the ASM-1 medium was observed after these treatments ($p\leq 0.007$). The physicochemical analyses were optimized after submitting the samples to a constant unidirectional 2400 Gauss magnetic flow.

Conclusion: The isotherapeutic 200cH improved *Artemia franciscana* bioresilience to saxitoxin itself; *Nitric acidum* 200cH and *Mercurius solubilis* 30cH limited the growth of *R. raciborskii*. In all cases, those homeopathic potencies that showed biological effects were traceable in the aqueous medium using solvatochromic dyes, especially when

the samples were subjected to the magnetic field. The results point to the potential of homeopathy in mitigating environmental problems related to water quality.

Keywords: saxitoxins; *Artemia franciscana*; bioresilience; water; Hsp; eco-toxicology.

Capítulo 1

1. INTRODUÇÃO

1.1. Cianobactérias

Cianobactérias são microrganismos procariontes fotossintetizantes que colonizam todos os ecossistemas do planeta, mas são comumente encontrados no plâncton de ambientes marinhos e de água doce. Esses organismos, sob determinadas situações, formam florações do fitoplâncton em corpos d'água. Esse termo é dado quando o número total de células naquele local passa a ser maior que a média do corpo d'água em que aquele microrganismo está presente [1].

Conhecidas como algas azuis, as cianobactérias são microrganismos aeróbicos fotoautotróficos, ou seja, elas obtêm energia a partir de reações químicas do oxigênio (O₂) e a partir de luz solar. Seus principais processos vitais requerem água, dióxido de carbono, substâncias inorgânicas e luz, sendo a fotossíntese seu principal mecanismo de produção de energia [1].

Basicamente, a morfologia das cianobactérias compreende formas unicelulares, coloniais e de filamentos multicelulares, os quais podem conter ou não células especializadas ou diferenciadas, como heterocistos ou acinetos [2].

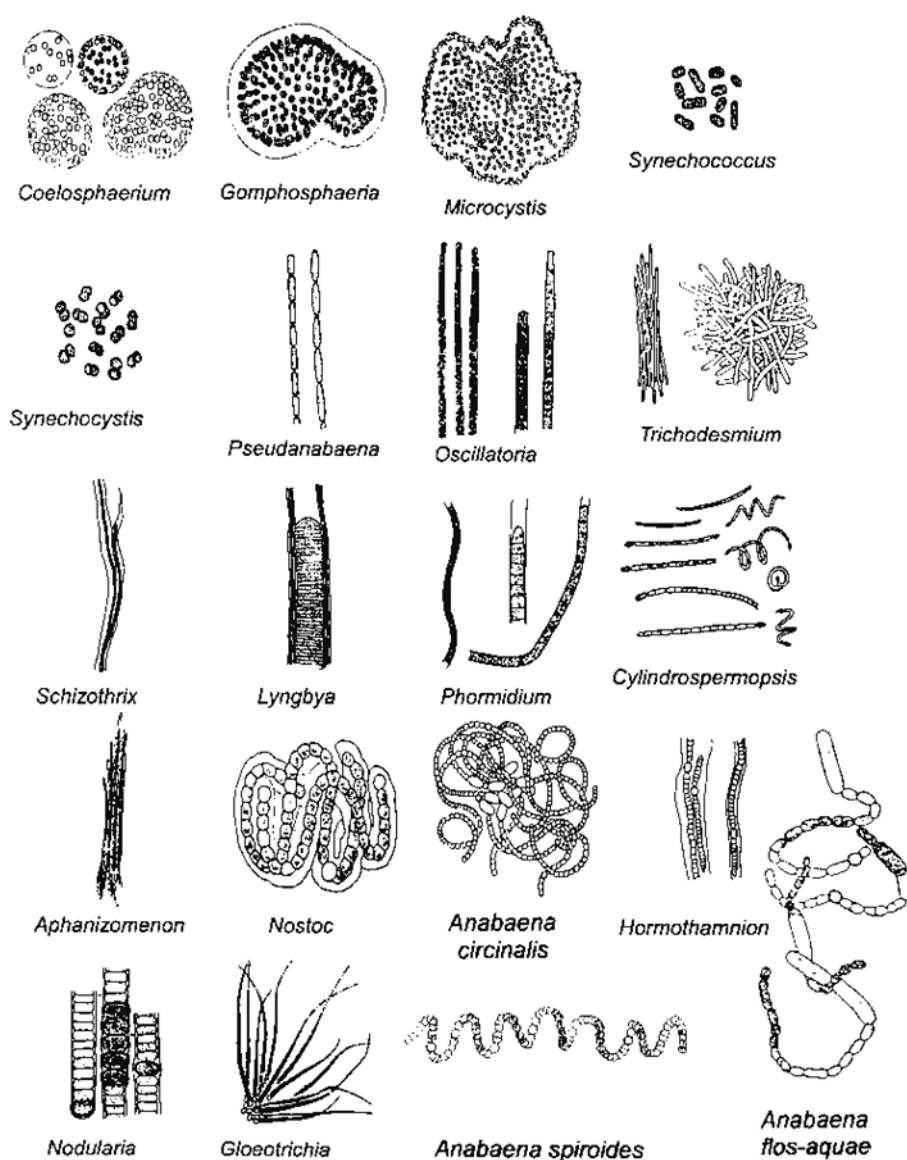
A maioria das espécies planctônicas de cianobactérias tendem a crescer mais em ambientes com água neutro-alcálicas (pH 6-9), com temperatura de 15 a 30°C e com alta concentração de nutrientes, principalmente nitrogênio e fósforo, ou seja, ambiente eutrófico. Entretanto, uma característica muito importante desses microrganismos é a capacidade de crescer nos mais diversos meios, com predomínio em ambientes límnicos e marinhos, podendo florescer em qualquer tipo de água e durante estações frias e quentes. Além disto, as cianobactérias são capazes de fixar o nitrogênio do ar e formar um estoque para situações em que o nitrogênio dissolvido na água se apresenta escasso [3, 4].

Independente da morfologia e da apresentação celular (coloniais ou filamentosas), alguns gêneros de cianobactérias são capazes de produzir cianotoxinas, como as espécies dos gêneros *Cylindrospermopsis* (*Raphidiopsis*), *Nostoc*, *Oscillatoria*, *Anabaena*, *Aphanizomenon*, *Microcystis* e *Lyngbya*.

Existem três principais tipos de cianotoxinas: neurotoxinas, hepatotoxinas e dermatotoxinas. Essas toxinas são produtos naturais do metabolismo secundário, entretanto, suas funções não estão claramente elucidadas [5,6] (Figura 1).

As cianotoxinas são classificadas conforme sua atividade farmacológica. Os efeitos das neurotoxinas envolvem tontura, adormecimento da boca e extremidades do corpo, taquicardia, fraqueza muscular, náusea e vômitos. Entretanto, principal alvo das hepatotoxinas é o fígado, e essas são promotoras de tumores mediante exposição crônica e até mesmo carcinoma hepatocelular [8], enquanto as dermatotoxinas, em contato com pele e mucosas, causam irritação, podendo levar aos sintomas de vermelhidão, lesões na pele, irritação nos olhos, obstrução nasal e conjuntivite [9].

Figura 1. Gêneros de cianobactérias potencialmente tóxicas.



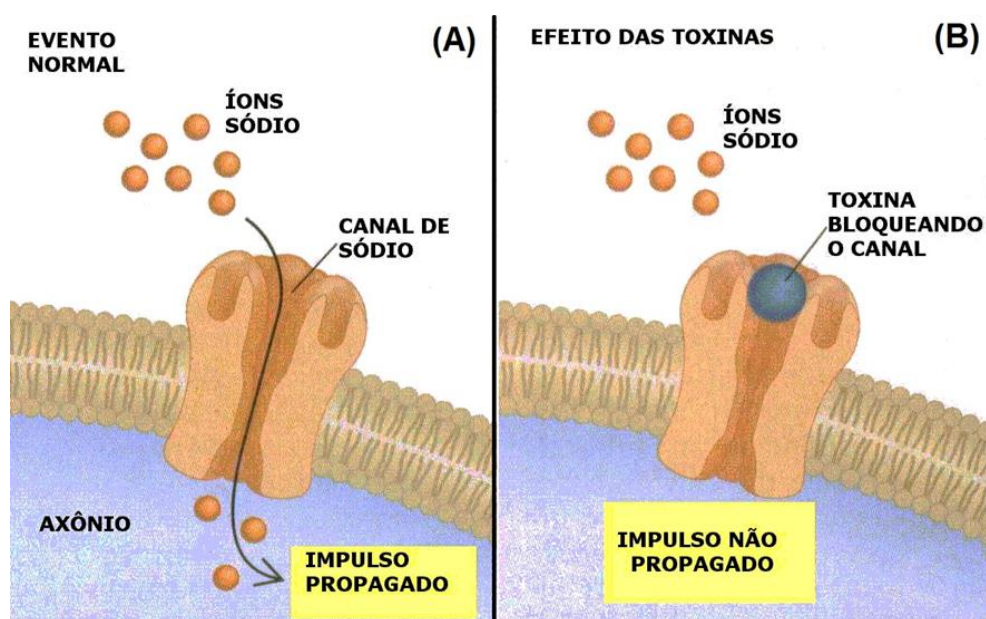
Fonte: adaptado de Lawton *et al.*, 1999 [7].

1.1.1. *Raphidiopsis raciborskii* e as saxitoxinas

Raphidiopsis raciborskii (anteriormente chamada de *Cyindrospermopsis raciborskii*) é uma cianobactéria endêmica no Brasil, produtora de neurotoxinas. Nos demais continentes produz o alcaloide hepatóxico cylindrospermopsina. As *R. raciborskii* brasileiras têm sido documentadas como formadoras de florações, sobretudo em reservatórios e mananciais importantes de abastecimento de água, como os reservatórios Billings, Taiaçupeba e Taquacetuba em São Paulo [10,11].

A cianobactéria *R. raciborskii* é produtora de uma neurotoxina conhecida como a toxina paralisante de marisco (ou *paralytic shellfish toxins* – PTS), cujo nome genérico é saxitoxina. As neurotoxinas são um grupo de alcalóides carbamatos, a toxicidade desse grupo varia bastante, entretanto, a saxitoxina é a mais potente [12,13]. Estima-se que, em uma escala global, cerca de 2.000 casos de intoxicação humana por neurotoxinas são registrados anualmente por consumo de peixes ou mariscos que se alimentaram de algum organismo marinho produtor de saxitoxinas. Desses casos, 15% apresentam mortalidade [14]. Essas neurotoxinas bloqueiam os canais de sódio e cálcio, inibindo a condução nervosa (Figura 2). Um neurônio em repouso tem uma voltagem em sua membrana chamada de potencial de repouso da membrana, esse potencial é determinado pelo gradiente de concentração do sódio (Na^+) e potássio (K^+). Os canais de sódio, ao estarem bloqueados pelas saxitoxinas, implicam em concentrações alteradas de sódio intracelular, o que afeta a permeabilidade ao potássio e, portanto, a resistência das membranas à condução do impulso, reduzindo seu potencial de ação [15].

Figura 2. (A) Evento normal onde os íons de sódio conseguem atravessar o canal de sódio e propagar o impulso. (B) Efeito das toxinas em que as moléculas de saxitoxina interferem na comunicação entre neurônio e células musculares. Essas moléculas bloqueiam os canais de sódio impedindo a transmissão de impulsos nos nervos periféricos e músculos esqueléticos.



Fonte: adaptado de Carmichael, 1995 [17].

Os sintomas da intoxicação por saxitoxinas podem começar cinco minutos após a ingestão e a morte pode ocorrer entre duas e doze horas. Em caso de intoxicação com doses não letais, os sinais e sintomas desaparecem de um a seis dias. Os efeitos crônicos da intoxicação por saxitoxinas ainda não são claramente elucidados, mas dois aspectos importantes foram documentados: efeitos sobre a memória aversiva em mamíferos e alterações na recuperação de lesões musculares em pacientes acidentados [16].

1.1.2. O problema das cianobactérias e impacto ecológico

Acredita-se que a considerável presença de populações tóxicas cianobactérias nas águas, principalmente de reservatórios, implicam em potenciais danos à saúde da população, uma vez que os mananciais são utilizados para diversos fins, como aquicultura, pesca, uso domiciliar e lazer. Além da exposição à ingestão das cianotoxinas pela população, outra via de contaminação prejudicial é o consumo de organismos aquáticos, uma vez que as cianotoxinas podem se acumular nos músculos de peixes [18].

No Brasil, um trabalho realizado por Teixeira *et al.* (1993) descreve uma forte correlação positiva entre a ocorrência de florações de cianobactérias no reservatório de Itaparica, na Bahia, e a morte de 88 pessoas, entre as 200 que foram relatadas como intoxicadas, através do consumo de água do reservatório entre março e abril de 1988 [19].

Algumas cianotoxinas são bioacumuláveis e podem ser bioamplificadas ao longo da cadeia alimentar, ou seja, alguns animais podem acumular microcistinas e nodularinas (provenientes das cianotoxinas) em sua musculatura. Com isso, outros animais receberão como alimento linhagens tóxicas de cianobactérias. Além disto, as cianobactérias também são responsáveis pela alteração nas populações de peixes, com diversos registros de mortes massivas em resposta ao aparecimento de florações [20].

Não obstante a isso, as cianotoxinas também são deletérias para os animais presentes no meio em que elas se encontram. Essas toxinas não estão disponíveis para os animais apenas quando solúveis, mas também pela ingestão acidental dos seus produtores (cianobactérias), por serem muito pequenos. Um

estudo feito por Zagatto *et al.* (2012) em camundongos, microcrustáceos (*Daphnia similis*) e em pulgas d'água (*Ceriodaphnia dubia*) testou os efeitos de dois extratos de *R. raciborskii* sobre esses animais. Como resultado, observou-se efeitos tóxicos em todos eles: os camundongos apresentaram sintomas típicos de neurotoxicidade, como tremores, convulsões e morte, e as outras espécies apresentaram sintomas como imobilização [21, 22].

1.2. Homeopatia e seus principais conceitos

A homeopatia, no contexto terapêutico, emprega o conceito de “cura pela similitude”, ou seja: doses infinitesimais de substâncias medicinais são administradas ao paciente cujos sintomas são semelhantes àqueles causados a pessoas sadias pela mesma substância, em um processo denominado “patogenesia”. Quando utilizadas em doses extremamente fracionadas e diluídas, submetidas à agitação ritmada, são capazes de manter a informação da substância de origem de alguma forma registrada no solvente para permitir efeitos biologicamente específicos. Sabe-se que os medicamentos homeopáticos podem ser usados tanto em pacientes humanos quanto em animais (vertebrados ou invertebrados), plantas, células isoladas e microrganismos [23-25].

1.2.1. Princípios da homeopatia

A homeopatia tem como principais pilares o princípio de similitude, a experimentação no indivíduo sadio e o medicamento dinamizado.

1.2.1.1. Princípio da similitude

A homeopatia foi fundamentada pelo médico alemão Samuel Hahnemann, em 1796. Em seus estudos, Hahnemann discorre sobre as propriedades farmacológicas de muitas substâncias medicamentosas utilizadas na época. Com isto, ele conseguiu observar os efeitos primários dos medicamentos, que promovem alterações nos diversos sistemas orgânicos e os efeitos secundários do organismo, que atuam como resposta neutralizadora aos distúrbios primários [26].

Com base nisso, ao administrar em indivíduos enfermos substâncias que despertaram sintomas semelhantes em indivíduos sadios, o princípio de similitude terapêutica tem como objetivo estimular a reação homeostática

curativa contra a enfermidade, induzindo o organismo a reagir contra os seus próprios sintomas, ou seja, qualquer substância capaz de provocar certos sintomas em um indivíduo sadio, é capaz de curar um enfermo que apresente quadro clínico semelhante, utilizando preparações manipuladas adequadamente [27,28].

1.2.1.2. Experimentação no indivíduo sadio

Para se tornar um medicamento homeopático de uso humano, a substância deve ser experimentada em indivíduos sãos, segundo o protocolo de experimentação patogênica, e ter seus efeitos primários (gerais, mentais e físicos) descritos em matérias médicas homeopáticas. A experimentação no indivíduo sadio é o método investigativo para se adquirir o conhecimento das propriedades curativas das substâncias quando empregadas segundo o princípio de cura por similitude [28].

1.2.1.3. Medicamento dinamizado

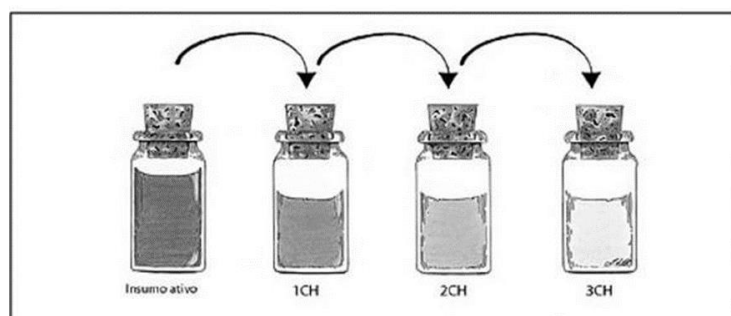
Os medicamentos homeopáticos são substâncias diluídas e agitadas em série. Esse processo é chamado de *dinamização* que, muitas vezes, pode ultrapassar o número de Avogadro (número de átomos por mol de uma determinada substância), ou seja, o limite de 10^{-24} M que representa as soluções em que a probabilidade de existência de alguma molécula do soluto é zero. Observa-se a ocorrência de atividade biológica destas preparações infinitesimais nos diversos aspectos da individualidade humana e animal, sobretudo nos processos adaptativos aos desafios provenientes do ambiente. A capacidade de “armazenar e transmitir informação” do medicamento homeopático é demonstrada experimentalmente por meio de processos de sinalização entre medicamento e sistema vivo, conforme mostram os estudos de pesquisa básica na área publicados nos últimos 35 anos. Contudo, os mecanismos de ação ainda não estão completamente elucidados [23, 24, 28].

1.2.2. Preparo do medicamento homeopático

Segundo a Farmacopeia Homeopática Brasileira, insumo ativo é “o ponto de partida para a preparação do medicamento homeopático, que se constitui em droga, fármaco, tintura-mãe ou forma farmacêutica derivada”, enquanto insumo inerte é “a substância utilizada como veículo ou excipiente para a preparação

dos medicamentos homeopáticos” [29]. Para preparar um medicamento homeopático adiciona-se uma parte do insumo ativo e 99 partes do insumo inerte, que é submetido à sucussão, ou seja: à agitação vertical e ritmada do medicamento, compondo assim a primeira dinamização centesimal Hahnemanniana, ou 1CH. Para se obter a segunda dinamização centesimal Hahnemanniana, 2CH, utiliza-se uma parte da 1CH mais 99 partes do insumo inerte e posterior sucussão. Cada estágio é chamado de “potência homeopática”. A obtenção das demais potências segue o mesmo processo (Figura 3) [29-31].

Figura 3. Preparo do medicamento homeopático, iniciando a partir do insumo ativo, para obtenção da primeira potência (1CH) e das demais potências, sucessivamente.



Fonte: Fontes, 2019 (31).

1.2.3. Homeopatia e isoterapia

Embora todo isoterápico seja um medicamento homeopático por ser produzido a partir dos processos que envolvem a produção de um medicamento homeopático, a diferença principal entre ambas as terapias consiste na metodologia empregada, ou seja, só saberemos se um medicamento homeopático é um isoterápico por meio do contexto terapêutico no qual este medicamento foi inserido. Isto acontece porque na isoterapia, o princípio utilizado, diferentemente da homeopatia, é a igualdade, enquanto na homeopatia, o princípio é por similitude.

A isoterapia tem como objetivo tratar o indivíduo com o mesmo agente etiológico causador da doença, e não com substância capaz de gerar sintomas semelhantes à doença apresentada. Em ambos os casos, o que muda é o

insumo ativo utilizado e a circunstância clínica [33]. Por exemplo, em um estudo realizado por Mohammad (2020), utilizou-se o modelo de *Artemia franciscana* para observar os efeitos de três potências de isoterápico (6CH, 30CH, 200CH) cujo insumo ativo era o cloreto de chumbo. Para essa avaliação, os animais foram submetidos à intoxicação por cloreto de chumbo para então receberem o medicamento. Desta forma, todos os animais foram tratados a partir do princípio de igualdade [34].

Na isoterapia, a origem do insumo ativo pode ser endógena ou exógena, podendo ser classificados como autoisoterápicos, em que o insumo ativo é oriundo do próprio paciente e só é destinado a ele, ou heteroisoterápicos, cujo insumo ativo é externo ao paciente enxógeno mas o sensibiliza quando da administração [35].

1.3. *Artemia franciscana* e HSPs

A *Artemia franciscana* (ou artêmia) é um microcrustáceo da ordem *Anostraca* encontrado principalmente em águas salgadas. Esse animal se alimenta basicamente de bactérias, algas unicelulares, pequenos protozoários e detritos dissolvidos no meio [36,37].

A artêmia tem sido utilizada em testes de toxicidade por sua capacidade de fazer com que seus cistos permaneçam em diapausa, estado em que o metabolismo dos cistos permanece suprimido e há maior tolerância a qualquer fator estressante do meio externo. Além disto, elas são fáceis de manusear e cultivar, é um método barato e relativamente rápido e podem acumular substâncias em seus tecidos [37-39].

Os organismos do gênero *Artemia* são seres extremamente bioresilientes, ou seja, são capazes de se adaptar facilmente às mudanças ambientais. Essa bioresiliência é oriunda da capacidade dos embriões permanecerem em diapausa em seus cistos quando da presença de estímulo nocivo, mantendo-se viáveis. Em situação laboratorial, a menor taxa de eclosão e maior vitalidade dos náuplios é um indicativo de adaptação e bioresiliência desses animais [38-39].

Esse microcrustáceo apresenta diversas fases de desenvolvimento que compreendem: cisto, estágio “guarda-chuva”, náuplio (estágios I a V), juvenil e adulta. Na fase de cisto que pode durar até 25 anos as principais características

estruturais se diferem em pré e pós hidratação, visto que na pré-hidratação os cistos apresentam-se como côncavos e na pós-hidratação os cistos estão esféricos. A fase “guarda-chuva” consiste no primeiro estágio pós eclosão, em que o embrião presente no cisto rompe as membranas do mesmo e começa a nadar no meio externo. Essa fase dura de 1 a 8 horas e o animal apresenta pouca atividade muscular. A fase naupliar da *Artemia franciscana* pode ser dividida em 5 estágios instar (I – V) e pode durar até 48 horas; é nessa fase que o animal encontra-se em estágio de larva, inicialmente se alimentando de nutrientes vindos das reservas embrionárias e, posteriormente, por filtração da água. A fase naupliar existe até o animal atingir a fase juvenil e, posteriormente, a fase adulta que pode durar de 8 a 15 dias [39,40] (Figura 4).

Existem alguns estudos que utilizam a *Artemia spp* para testes toxicológicos envolvendo cianobactérias. Um estudo feito por Sirvec *et al.*, em 2016, buscou entender a morte massiva de diversos peixes no lago Aleksandrovac, na Sérvia, que ocorreu durante a floração de *R. raciborski*. Utilizando como modelo experimental a *Artemia franciscana*, foi observada a presença de compostos tóxicos nas cianobactérias [41]. Outro estudo, desta vez realizado por Martin *et al.*, em 2007, também mostrou os efeitos tóxicos de alguns extratos de cianobactérias em *Artemia franciscana* [42].

Figura 4. Diferentes estágios da *Artemia franciscana*, desde a fase de cisto até a fase adulta. (A) cisto hidratado, (B) cisto em ruptura, (C) estágio guarda-chuva, (D, E, F) fase naupliar, (G) fase juvenil, (H) fase adulta.



Fonte: adaptado de Harzsch *et al.*, 2002 [40].

Recentemente, extratos naturais de uma floração da cianobactéria marinha *Trichodesmium*, produtoras de saxitoxinas, provaram ser letais (40% em 48h) em bioensaios com artêmia [43]. Assim, *Artemia spp*, por ser um potencial bioacumulador na cadeia alimentar marinha, pode transmitir neurotoxinas para as demais camadas tróficas marinhas.

As proteínas de choque térmico (*Heat shock proteins* – Hsps) são chaperonas moleculares essenciais para a manutenção das funções celulares, pois possuem a capacidade de interagir com outras proteínas auxiliando na formação, dobramento e transporte das mesmas, além de desempenharem um papel importante na resposta de defesa celular a diversos estímulos estressantes ambientais [48-50].

Recentemente algumas dessas proteínas, como a Hsp70 e Hsp90, foram relatadas desempenhando papéis importantes na apresentação de antígenos, ativação de linfócitos e macrófagos e ativação e maturação de células dendríticas (APCs), sugerindo assim, uma ligação entre as Hsps com o sistema imunológico imune e adaptativo de vertebrados [51-55]. As Hsp70 compõem uma família de proteínas comumente associadas ao início e duração da

tolerância à temperatura. As Hsp90 são necessárias para a estabilidade de várias proteínas de sinalização, mesmo ativadas e/ou expressas [56, 57].

A *Artemia franciscana*, por sua vez, possui características moleculares para sobreviver a condições estressantes, como a proteína de choque térmico p26 (Hsp26) [58, 59]. A Hsp26 é uma chaperona molecular regulada por temperatura capaz de formar grandes complexos oligoméricos. Alguns ensaios realizados em diferentes temperaturas mostram que a dissociação do complexo Hsp26 no choque térmico é um pré-requisito para a atividade eficiente dessas chaperonas. Acredita-se que a maior expressão de Hsp26 e p26 seja um dos mecanismos capazes de fazer com que embriões de *Artemia franciscana* em diapausa se adaptem a ambientes nocivos e permaneçam em condições vitais. [60, 61].

Existem alguns estudos que medem a expressão de proteínas de choque térmico após o uso de terapia homeopática. Um estudo feito por Mukherjee *et al.*, por exemplo, observou se a Thuja 30cH poderia de alguma forma reduzir os efeitos danosos no DNA causado pelo benzopireno. Nesse estudo pôde-se observar que houve menor expressão de Hsp90 [62].

Estudos de termotolerância são muito relevantes para as cianobactérias aquáticas, levando em consideração que seu florescimento está intimamente associado a temperaturas elevadas [63]. Além disto, cianobactérias expressam HtpG e a mutação desse gene pode prejudicar o crescimento e/ou sobrevivência delas [64].

2. JUSTIFICATIVA

Os efeitos de cianobactérias produtoras de cianotoxinas é bem conhecido na literatura. Os sintomas dessas cianobactérias variam conforme o tipo de cianotoxina produzida e pode envolver sinais hepáticos, dermatológicos e neuronais, tanto em animais como em humanos. Dependendo do grau de intoxicação, o indivíduo pode vir a óbito. Nos casos menos críticos, a presença de cianobactérias pode implicar em mau odor e sabor indesejável da água a ser consumida.

Em 2020, uma iniciativa realizada pela Fundação de Amparo à Pesquisa do Estado de São Paulo (FAPESP) em conjunto com a Companhia de Saneamento Básico do Estado de São Paulo (SABESP) propôs encontrar soluções por meio de projetos de pesquisa cujo objetivo seria controlar a crescente população de cianobactérias nos reservatórios do estado de São Paulo. O conhecimento dessa demanda serviu de motivação para o planejamento e execução desta pesquisa.

O laboratório de Cianobactérias e Ficotoxinas da UFRG tem atuado desde 2019 não só na produção de conhecimento científico, mas também no fortalecimento da visão empreendedora de estudantes na busca de novos fármacos que possam resolver problemas ambientais e sustentabilidade em reservatórios de abastecimento de águas no Brasil. O Prof. João Sarkis Yunes, coordenador do laboratório de cianobactérias da UFRG, aceitou participar do projeto como co-orientador e fornecer as cepas de *R. raciborski*.

Paralelamente, os estudos realizados previamente pelo nosso grupo para a identificação de efeitos de preparações homeopáticas na facilitação dos processos de bioresiliência, utilizando o modelo de *Artemia franciscana* exposta a glifosato e a metais pesados, mostraram efeitos protetores significativos, o que também serviu de *background* para a definição do desenho experimental utilizado.

Por fim, a constatação prévia de que a sinalização causada pela imersão de preparações homeopáticas em grandes volumes de água pode ser rastreada por meio da análise de amostras de água pelo método dos corantes solvatocrômicos, também abriu uma perspectiva prática importante. Sendo assim, uma parte da pesquisa foi dedicada a essa questão.

Com base nesse contexto, o presente estudo tem como principal justificativa buscar soluções baratas e eficazes para o grande problema de crescimento de cianobactérias em mananciais, em uma perspectiva de médio a longo prazo face aos resultados obtidos em laboratório, conforme descritos a seguir.

3. OBJETIVOS

3.1. Objetivos gerais

Esse projeto tem como objetivo observar possíveis efeitos atenuadores de preparações homeopáticas e isoterápicas sobre a toxicidade de extratos de *C. raciborski* em modelo biológico (*Artemia franciscana*), bem como sobre o crescimento das próprias cianobactérias. Além disto, o projeto busca soluções sustentáveis, baratas e eficazes para o grande problema de crescimento de cianobactérias em mananciais, utilizando insumos homeopáticos como possíveis instrumentos para tratamento da água.

3.2. Objetivos específicos

- 1) Determinar a toxicidade de *Raphidiopsis raciborskii* em *A. franciscana* e observar se produtos homeopáticos afetam sua toxicidade por meio de triagem de vários insumos;
- 2) Observar se produtos homeopáticos influenciam o crescimento dessa cianobactéria por meio de triagem de vários insumos;
- 3) Observar quais parâmetros físico-químicos são úteis como forma de rastrear a presença de potências homeopáticas na água (água do mar ou meio ASM-1), bem como estabelecer um paralelo com os respectivos efeitos biológicos.

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Capítulo 2

Manuscrito a ser submetido ao periódico *Homeopathy*

O manuscrito apresentado a seguir representa a versão preliminar a ser enviada ao periódico *Homeopathy* (Thieme Publishers, IF = 1.8, Qualis A2), sendo escrito na língua inglesa revisada por coautor nativo, respeitando as normativas de redação exigidas pelo periódico.

1 *Title Page*

2 **Eco-homeopathy: Homeopathic potencies regulate the growth and**
3 **toxicity of *Raphidiopsis raciborskii* (cyanobacteria) and can be**
4 **tracked by physicochemically**

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- 27 Alexander Tournier – Discussion of results on physicochemical parameters
- 28 Steven J Cartwright – Experimental design with solvatochromic des, discussion of results
- 29 João S Yunes – Co-advisor, cyanobacteria standards, discussion of results
- 30 Leoni V Bonamin – Main Advisor, coordination of all steps of the study, discussion of results
- 31

32 **Eco-homeopathy: Homeopathic potencies regulate the growth and**
33 **toxicity of *Raphidiopsis raciborskii* (cyanobacteria) and can be**
34 **tracked physicochemically**

35

36 **Abstract**

37 **Introduction:** Cyanobacteria are microorganisms found in many parts of the world, and
38 several genera are cyanotoxins producers. Homeopathic potencies have been found to
39 modulate toxicity in different biological models, and the present study endeavors to
40 discover whether this might also be the case with cyanobacteria. **Objectives:** a) to
41 investigate possible effects of homeopathic potencies on the resilience of *Artemia*
42 *franciscana* (brine shrimp) embryos to saxitoxin (cyanotoxin) and on controlling the
43 growth of *Raphidiopsis raciborskii* *in vitro*; b) to verify which physicochemical parameters
44 can be used to track homeopathic potencies in seawater or ASM-1 medium and establish
45 a parallel with their biological effects. **Method:** *Artemia franciscana* cysts were cultivated
46 in seawater in 96-well plates to evaluate the hatching rate, vitality, and gene expression
47 of heat shock proteins (Hsp), after being challenged with *R. raciborskii* extract containing
48 2.5 µg/liter of saxitoxin and treated with different homeopathic potencies chosen from a
49 screening process. Cultures of *R. raciborskii* maintained in ASM-1 medium were equally
50 treated with previously screened homeopathic potencies, and their growth was
51 monitored as a function of time. The physicochemical properties of treated water were
52 evaluated by the interaction with solvatochromic dyes, and measuring pH, conductivity,
53 and temperature. **Results:** A lower rate of hatching of *Artemia franciscana* cysts was
54 observed after treatment with *Nitric acidum* 6cH ($p=0.03$), and a complete toxicity
55 reversal with increased Hsp 26 and p26 gene expression was seen after treatment with
56 Isotherapic (*R. raciborskii* extract) 200cH ($p\leq 0.02$). *Nitric acidum* 200cH and *Mercurius*
57 *solubilis* 30cH limited the exponential growth of cyanobacteria ($p\leq 0.003$) regardless of
58 their concentration. Coumarin 7 was a marker for *Nitric acidum* 6cH and Isotherapic (*R.*

59 *raciborskii* extract) 200cH, even when inserted into seawater. Nile red was a marker for
60 *Nitric acidum* 200cH and *Mercurius solubilis* 30cH, even when inserted into ASM-1
61 medium ($p \leq 0.05$). An increase in pH and endo/exothermal effects of the ASM-1 medium
62 was observed after these treatments ($p \leq 0.007$). The physicochemical analyzes were
63 optimized after the previous submission of the samples to a constant unidirectional 2400
64 Gauss magnetic flow. **Conclusion:** The Isothermic 200cH improved *Artemia*
65 *franciscana* bioresilience to saxitoxin itself; *Nitric acidum* 200cH and *Mercurius solubilis*
66 30cH limited the growth of *R. raciborskii*. In all cases, those homeopathic potencies that
67 showed biological effects were traceable in the aqueous medium using solvatochromic
68 dyes, especially when the samples were subjected to the magnetic field. The results
69 point to the potential of homeopathy in mitigating environmental problems related to
70 water quality.

71

72 **Keywords:** saxitoxins; *Artemia franciscana*; bioresilience; water; Hsp; eco-toxicology

73 1. Introduction

74

75 Cyanobacteria are photosynthetic prokaryotic microorganisms that colonize
76 all ecosystems on the planet. These organisms can form phytoplankton blooms
77 in water bodies. Some genera of cyanobacteria can produce cyanotoxins,
78 regardless of morphology and cell presentation (colonial or filamentous).

79 *Raphidiopsis raciborskii* (formerly *Cylindrospermopsis raciborskii*) is a
80 cyanobacteria that produces neurotoxins, named saxitoxins. It multiplies in
81 freshwater rich in metals and organic matter, a clear indicator of water pollution.

82 They form blooms in large water reservoirs and springs [1-4]. Saxitoxins
83 produced by the *R. raciborskii* block sodium and calcium channels, inhibiting
84 nerve conduction, and affecting potassium permeability. In extreme cases,
85 symptoms can begin 5 minutes after ingestion, and death can occur within 2 to
86 12 hours. In non-lethal doses, the signs and symptoms are transient and
87 disappear within 1 to 6 days [5]. In mice, microcrustaceans (*Daphnia similis*), and
88 water fleas (*Ceriodaphnia dubia*), the effects of *Raphidiopsis raciborskii* extracts
89 are recognized by neurotoxicity signs, such as tremors and convulsions (in mice)
90 and immobilization (in microcrustaceans) [6]. Vilar and Molica (2020) observed
91 changes in *R. raciborskii* growth and the production of saxitoxins after changes
92 in water pH and dissolved carbon content [7]. The chronic effects of saxitoxin
93 intoxication have still not been clearly elucidated. However, two important
94 consequences have been recently documented: adverse effects on aversive
95 memory and delayed recovery from muscle injuries in mammals [5].

96 The presence of toxic cyanobacterial populations in reservoir waters implies
97 potential damage to human and animal health since the sources are used for
98 various purposes, such as agriculture, aquaculture, fishing, home use, and
99 leisure. In addition to ingesting cyanotoxins, another harmful contamination route
100 is the consumption of aquatic organisms since cyanotoxins can accumulate in
101 their muscles [8].

102 The microcrustacean *Artemia spp* (brine shrimp) is commonly used as an
103 experimental model for toxicity tests [9,10]. A particular characteristic of the
104 genus *Artemia* is the ability to keep embryos in diapause (a quiescent stage) in
105 the presence of hostile conditions in the aquatic environment. In this way, the
106 basal metabolism of the embryos remains reduced, and there is greater tolerance
107 to any stressful factor from the external environment, such as toxins, temperature
108 variations, dissection, and others. Although the production of Heat Shock
109 Proteins (Hsp) is a crucial factor in this process [11-15], the structure of the cyst
110 is also quite peculiar, composed of a vitrified shell of non-glucose-reducing
111 disaccharides, such as trehalose, which form bridges of hydrogen with
112 phospholipids and macromolecules, giving the cysts excellent resistance.
113 Trehalose also serves as an energy source for the embryo at the diapause
114 termination [16, 17].

115 Some studies use *Artemia franciscana* for toxicological tests involving
116 cyanobacteria. A study by Sirvec *et al.* in 2016 sought to understand the massive
117 death of several fish in Lake Aleksandrovac, Serbia, which occurred during the
118 flowering of *R. raciborskii*. Using *Artemia franciscana* as an experimental model,
119 the presence of toxic compounds in water and cyanobacterial cells was identified
120 [18]. Natural extracts from a bloom of marine cyanobacterium *Trichodesmium*,

121 another saxitoxin producer, proved to be lethal in bioassays with the genus
122 *Artemia* [19]. Thus, *Artemia spp*, as a potential bioaccumulator in the marine food
123 chain, can be considered a good model for identifying cyanotoxins [20]. Also,
124 *Artemia spp.* are deemed to be non-sentient organisms, which significantly
125 facilitates the ethical aspects involving their use in research [10, 21].

126 Recently, we have observed bioresilience processes in a model of *Artemia*
127 *franciscana* cyst hatching by inserting Isotherapeutic potencies of toxic agents into
128 the culture water [22-24], being prepared according to the official homeopathic
129 pharmacotechnic [25]. In Pinto *et al.*, 2021, treating 20,000 cysts exposed to
130 mercury chloride at 10% lethal concentration with the respective Isotherapeutic
131 prolonged the diapause period, protecting the embryos from direct contact with
132 the toxic substance up to its evaporation [22]. Similar studies using high arsenic
133 dilutions performed in plants and microorganisms have shown similar effects [26-
134 28].

135 Given that such homeopathic dilutions often exceed the limit of Avogadro's
136 number, it is necessary to consider the possible existence of mechanisms other
137 than purely biochemical ones to explain the observed protective effects described
138 above. From a biological point of view, what appears to be an increase in adaptive
139 processes (or "hormesis") has been frequently observed in living systems treated
140 with homeopathic dilutions under a range of different circumstances [29-31].
141 Furthermore, such biological effects have shown close correspondence with
142 physicochemical changes in previous studies using microcrustaceans [22].
143 These physicochemical changes can be monitored through interactions with
144 solvatochromic dyes [24, 34], based on the method developed by Cartwright [32-
145 38]. Correspondence between biological effects and physicochemical changes

146 has also been observed in other situations, in both laboratory [39] and natural
147 [35] conditions.

148 Solvatochromic dyes have been found to be probes able to track
149 homeopathic potencies [32-38]. The nature of the interaction between
150 solvatochromic dyes and homeopathic potencies is yet to be elucidated, but the
151 evidence so far indicates that the unique electronic structure and behavior of
152 these dyes is crucial to the interaction and that the interaction involves an
153 increase in their polarity, which can be measured spectroscopically in the UV-
154 visible region of the electromagnetic spectrum.

155 The observation of increased polarity in relation to high dilution activity has
156 been reported since the 1980's [40-44], and it is against a background of these
157 reports that the present study sought to test the hypothesis that homeopathic
158 preparations could be traceable agents in controlling the growth and toxicity of
159 cyanobacteria. The present study is justified by the need to look for cheap and
160 effective homeopathy-based technologies that focus on a common worldwide
161 environmental problem: excessive cyanobacterial growth in water sources.

162

163 **2. Materials and methods**

164

165 The study design was organized as follows:

166 1) Evaluation of *R. raciborskii* toxicity on *A. franciscana* and observation of
167 which homeopathic potencies would be able to mitigate it, by means of

168 cyst-hatching bio-resilience mode and heat-shock proteins gene
169 expression.

170 2) Evaluation of *R. raciborskii* growth rate after treatment with homeopathic
171 potencies poured into the culture medium.

172 3) Evaluation of physicochemical parameters able to be used to track the
173 presence of homeopathic potencies in water medium and establish a
174 parallel with their biological effects.

175 In all cases, the homeopathic potencies were chosen from a standard
176 screening process, according to the case.

177

178 **2.1. *R. raciborskii* extract toxicity on *Artemia franciscana* cyst** 179 **hatching**

180

181 The extracts and samples of *R. raciborskii* were provided by the Laboratory
182 of Cyanobacteria and Phycotoxins - Federal University of Rio Grande (FURG),
183 Brazil, for conducting the experiments at the Research Center of University
184 Paulista (UNIP), São Paulo, Brazil. The standard strain of *R. raciborskii* labeled
185 the T3 strain, was originally isolated from the Taquacetuba arm of the Billings
186 Reservoir in São Paulo, Brazil. The raw extracts from different batches were
187 prepared in hydrochloride acid 0.05M [2].

188 The toxicity of different batches of T3 extract was evaluated in a preliminary
189 test on the *A. franciscana* cyst (Maramar-pet, Arraial do Cabo, Brazil) hatching
190 rate at different times (24, 48, and 72 hours). Next, a second assay was

191 performed to test different concentrations of the chosen batch on nauplii viability
192 to determine the ideal toxicity level for the following experiments.

193 Environmental temperature and humidity were also monitored using a pre-
194 calibrated thermo-hygrometer (JIAXI, Shanghai, China), certified on February 10,
195 2022. The unhatched cysts and born nauplii (larvae) were observed in each well
196 using a digital magnifying pen-type microscope - 1000x zoom, camera 2.0
197 megapixels, USB, 6 LEDs (Digital Microscope, Beijing, China), coupled to a
198 computer (Yoga 520, Lenovo, Brazil).

199 In the first preliminary assay, *Artemia franciscana* cysts were distributed in
200 96-well microplates from an aqueous suspension containing 35 mg of cyst in 200
201 ml of artificial seawater or 3% marine salt solution (Red Sea Aquatics, London,
202 UK). This was sufficient to obtain 5 to 8 cysts for each fraction of 100µl, to be
203 inserted into each well. Rows of 5 wells were completed for 250µl of seawater
204 containing 1% T3 extract from each batch. Untreated wells (baseline) and 1%
205 hydrochloride acid 0.05M were used as controls. This proportion was chosen
206 after a pilot study to identify the hydrochloride acid concentration presenting no
207 significant toxicity on cysts since it is used as a vehicle of T3 extracts. The sum
208 of cysts and nauplii obtained from each row of wells and the respective hatching
209 rate was obtained to compose each time point. The results were presented in a
210 descriptive semi-quantitative table.

211 Samples of different batches of the acid extract of *R. raciborskii* were placed
212 in each well, named X, Y, Z, 5, 6, 7, 8, according to their saxitoxin (STX)
213 equivalent concentration, as previously calculated by comparison to a set of SXT
214 standards variants purchased from the NRC-Canada, and analyzed by HPLC-FD

215 methods as described in [45-47]. The known amount of saxitoxin per liter of each
216 extract is described in Supplementary Material 1.

217 In the second assay, extract 5 was chosen to evaluate the toxicity on nauplii
218 survival, according to the results obtained in the first one. Rows of 8 wells were
219 completed for 250µl of seawater containing T3 extract in different concentrations.
220 Untreated wells (baseline) and 1% hydrochloride acid 0.05M were used as
221 controls. After 48 hours of challenging, the sum of live and dead nauplii obtained
222 from each row of wells and the respective ratio were used to compose each data
223 point. The results were presented in a descriptive semi-quantitative table.

224 To avoid eventual interference of electromagnetic environmental fluctuations
225 face to the known sensitivity of this species [22, 23], all assays involving *Artemia*
226 *franciscana* were performed in a Faraday cage with 300 micro-led bulbs inside
227 (Supplementary Material 2), allowing a constant low magnetic field (0.06 µT at
228 50Hz, Smart-Sensor Intel Instruments, AS 1392, Singapore) that is crucial for the
229 homeopathic potency activity [48], and enough light to induce cysts hatching
230 during incubation. Considering previous studies, the same lunar cycle phase was
231 standardized in all experimental series [22, 23], now establishing the crescent
232 moon as the standard.

233

234 **2.2. Screening of homeopathic potencies for protection of *Artemia*** 235 ***franciscana* from *R. raciborskii* extract toxicity**

236

237 Besides the isotherapeutics (homeopathic dilutions prepared from *R.*
238 *raciborskii* extract 5), additional homeopathic preparations were chosen to be

239 tested in a preliminary screening assay, based on the similarity of symptoms
240 between the respective *materia medica* and the symptoms caused by the
241 saxitoxin in humans. A group of three veterinarians and one physician reached
242 the list of medicines by consensus. For each homeopathic medicine, three
243 potency levels were evaluated for each homeopathic medicine: 6cH, 30cH, and
244 200cH, according to protocols used in previous studies on brine shrimps [22-24].

245 In this first screening study, the medicines tested were:

- 246 • *Sulphur* - 6cH, 30cH, 200cH
- 247 • *Zincum metallicum* - 6cH, 30cH, 200cH
- 248 • *Nitric acidum* - 6cH, 30cH, 200cH
- 249 • *Plumbum metallicum* - 6cH, 30cH, 200cH
- 250 • *Mercurius solubilis* - 6cH, 30cH, 200cH
- 251 • *Phosphoric acidum* - 6cH, 30cH, 200cH
- 252 • Isoterapeutics prepared from *R. raciborskii* extract 5 - 6cH, 30cH, 200cH

253 And the controls were:

- 254 • Unchallenged, non-treated cysts (baseline)
- 255 • Hydrochloric acid 1cH (5×10^{-4} M)
- 256 • Autoclaved pure water
- 257 • Succussed autoclaved pure water

258

259 Stock potencies were prepared in a ANVISA (National Agency for Sanitary
260 Surveillance) registered homeopathic pharmacy in São Paulo. They were
261 supplied at one potency level before the working dilution, that is 5cH, 29cH, and
262 199cH, using 10% alcohol as a solvent. The working potencies were prepared
263 one day before the experiments, being the last 1:100 dilution made in autoclaved
264 purified water (SmartPak Direct Q3 with Biopak filters - Merck–Millipore,

265 Darmstadt, Germany), and succussed automatically in a robotic mechanical arm
266 (Denise-Autic, São Paulo, Brazil) to shake the glass flasks 100 times vertically
267 before it stops. After this process, all flasks were randomly coded by someone
268 not involved with the experiment, and the codes remained closed in an envelope
269 up to the final statistical analysis. Thus, the whole experimental procedure was
270 blinded.

271 The cyst's cultures were made in microplates, as described in item 2.1.
272 Before use, the working potencies were filtered in a 0.22 μm mesh filter (Merck–
273 Millipore, Darmstadt, Germany). The proportion between treatment and seawater
274 per well was 1:10, as described in [22]. Treatments were made simultaneously to
275 the cyst immersion into the water, and the results were evaluated after 48 hours,
276 corresponding to an average of the nauplii energetic autonomy time. From the
277 results previously obtained on extract toxicity, extract 5 was chosen to be
278 included in the seawater, being 2.5 $\mu\text{g/liter}$ the final saxitoxin concentration.
279 Samples were analyzed in sextuplicate; the sum of cysts from each row of wells
280 was considered the experimental unit, although the total number of evaluated
281 cysts was 6594.

282 The results of this homeopathy screening test were evaluated using a simple
283 descriptive statistical analysis to select those potencies presenting promising
284 protective-like effects based on the cyst hatching rate and living-dead
285 nauplii/cysts ratio. In the second step, the leading tests were performed in three
286 independent series, each in duplicate, to validate the selected treatments using
287 a complete experimental set of statistical analyses. The experimental procedure
288 was the same as described above, and the experimental unit was the sum of
289 cysts from the same row of wells.

290 At this stage, the chosen treatments based on the preliminary screening
291 were:

- 292 • *Plumbum metallicum* 6cH
- 293 • *Nitric acidum* 6cH
- 294 • Isotherapeutic (*R. raciborskii* extract) 200cH

295 The three selected homeopathic preparations were compared to one another
296 according to cyst hatching and nauplii vitality (living nauplii/cysts ratio) rates after
297 48 hours. After observation, the content of microplates (water and biological
298 sediment) was frozen at -20°C for further gene expression and physicochemical
299 analyses.

300

301 **2.3. HSP gene expression involved in *Artemia franciscana*** 302 **bioresilience**

303

304 From the results obtained in the screening experiments, the necessity to
305 perform a deep study on the bioresilience process was identified. Thus, the gene
306 expression of specific Heat Shock Proteins (HSPs), reported as key elements in
307 controlling cyst hatching, and the embryo development of *Artemia spp* [11-15]
308 was also investigated.

309 Gene expression tests were made from the stored frozen biological samples
310 in the screening experiments. In the first step, total RNA extractions were carried
311 out by using TRIzol®/Chloroform/Isopropanol method [49]. For this, the *Artemia*
312 *franciscana* structures (sediment composed of cysts and born nauplii) were
313 thawed and pooled according to each treatment to warrant enough quantity of

314 RNA to proceed with the assays. Each pool, containing the sediment from 12
315 wells, was homogenized in 0.5ml of TRIzol® (MERCK, Whitehouse Station NJ,
316 USA) and mixed with 0.2ml of chloroform (MERCK, Whitehouse Station NJ,
317 USA). Then, it was centrifuged at 4°C, 14000 rpm, for 15 minutes (Eppendorf
318 5804R centrifuge, Hamburg, Germany), the water fraction was removed, and the
319 RNA fraction was precipitated by adding 0.5ml of absolute cold isopropanol
320 (MERCK, Whitehouse Station, NJ, USA) for 10ml, at room temperature. Next, the
321 samples were centrifuged again; the RNA pellet was washed in 75% ethanol and
322 suspended in 0.02ml of Diethyl Pyro carbonate (DEPC) aqueous solution. The
323 quality and pureness of the extracted RNA were estimated by spectrophotometry
324 (NanoDrop 2000, Thermo Scientific, USA). The optical density was proportional
325 to the RNA content, that is, OD 260-280 = (≥ 1.8) and OD 230-260 = (≥ 1.0).
326 Finally, the purified RNA samples were frozen at -80°C until the HSPs (heat shock
327 proteins) expression assays began.

328 For gene expression analyses of specific mRNA (*Hsp 40*, *Hsp 90*, *Hsp 26*,
329 *p26*) [12-15], 2 μ g of total RNA was used for cDNA synthesis with MMLV RNase
330 H minus first strand cDNA synthesis Kit (Nova Biotecnologia, Cotia, Brazil),
331 according to manufacturer's instructions. qPCR was carried out in a total of 10
332 μ L, containing SYBR green qPCR Master Mix 2x (5 μ L) (Nova Biotecnologia,
333 Cotia, Brazil), specific primers (5 μ M), 60 ng of cDNA nuclease-free H₂O in a
334 *QuantStudio*® 3 Real-Time PCR (Thermo Fisher Scientific, Waltham,
335 Massachusetts, USA). Gene expression was expressed as compared to control
336 cells by the $\Delta\Delta$ CT method, using *Ef1 α* , *At*, and *α -tubulin* represented on the plate
337 as housekeeping controls. The primers sequence (EXXTEND, Paulinia, Brazil)
338 and PCR conditions are expressed in Table 1.

339
340
341
342
343
344

Table 1. Available *primers* for identifying *Artemia franciscana* Hsps, considered bioresilience markers. Primers were used in the RNA expression assay (qPCR).

Gene	Primer	5'- 3' Sequence	Reactions Condition
ART_Hsp26	Forward	CGG AGG ATT TGG TGG TAT GAC	95°C - 15s; 58°C - 30s; 72°C - 30s
	Reverse	CCT CAA GGA CCC AGG AGT AG	
ART_Hsp40	Forward	GTG CAT CAG TTG AGC GTC AC	95°C - 15s; 59°C - 30s; 72°C - 30s
	Reverse	TGCTGAACCATTCAGGAGC	
ART_Hsp70	Forward	CGA TAA AGG CCG TCT CTC CA	95°C - 15s; 58°C - 30s; 72°C - 30s
	Reverse	CAG CTT CAG GTA ACT TGT CCT TG	
ART_Hsp90	Forward	GGT GTG GGT TTC TAT TCT GC	95°C - 15s; 59°C - 30s; 72°C - 30s
	Reverse	GCA GCA GAT TCC CAC ACA	
ART_p26	Forward	GCG CGG ATC CAC CAT GGC ACT TAA CCC ATG	95°C - 15s; 57°C - 30s; 72°C - 30s
	Reverse	CGC GCC TCG AGT TAA GCT GCA CCT CCT GTC T	
ART_At	Forward	GCA GTG GTC TAC AAG GTT TC	95°C - 15s; 60°C - 30s; 72°C - 30s
	Reverse	ATC AAA ACG AAG GCT GGC GGT G	
ART_Ef1 α	Forward	TCG ACA AGA GAA CCA TTG AAA A	95°C - 15s; 60°C - 30s; 72°C - 30s
	Reverse	ACG CTC AGC TTT AAG TTT GTC C	
ART_ α -tubulin	Forward	CTG CAT GCT GTA CAG AGG AGA TGT	95°C - 15s; 60°C - 30s; 72°C - 30s
	Reverse	CTC CTT CAA GAG AGT CCA TGC CAA	

345
346
347

348 **2.4. *R. raciborskii* growth under different homeopathic treatments**

349

350 A new screening of treatments was performed on *R. raciborskii* T3 strain
351 cultures to evaluate the colony growth rate trends. Then, those treatments
352 presenting promising results were chosen for a complete statistical analysis and
353 further experimental repetitions to confirm the results.

354 The cyanobacteria *R. raciborskii* T3 strain was donated to our laboratory
355 by JSY (LCF-FURG, Brazil). Culture samples were sent to the UNIP Research
356 Center, São Paulo, Brazil, in sealed sterile tubes at room temperature. The
357 cultures were replicated in the standard ASM-1 medium [51] and kept in a
358 separate room at constant temperature ($25 \pm 1^\circ\text{C}$) and light cycle (14h light – 10h
359 dark), provided by cold white fluorescent light fixed in the roof. Both

360 environmental parameters were automatically controlled during the whole
361 experimental period. Cultures were kept in 500ml Erlenmeyer containers covered
362 with hydrophobic cotton/gauze cushion and put on a high but open shelf to avoid
363 accidental moving. The shelf had lateral limits protected by wood walls with
364 enough space at the top for ventilation.

365 The cultures were replicated monthly for maintenance, and the
366 experiments were performed after 15 days after a new replication. When the
367 cultures reached the exponential growth phase, they showed typical yellowish
368 color (Supplementary material 3) and filamentous microscopic structures.

369 A screening assay was done to select the best treatments, using a 15-day
370 culture as a starting point. Aliquots of 3 ml containing 5×10^7 filaments/liter were
371 distributed in 69 culture tubes (20ml, transparent glass) covered with hydrophobic
372 cotton but kept with an air column to allow enough oxygenation (Supplementary
373 Material 3). Each treatment was performed in triplicate.

374 This bacterial concentration (5×10^7 filaments/liter) corresponds to the
375 amount needed to produce $3.6 \mu\text{g/liter}$ of saxitoxin, according to the standards
376 previously defined [45], by using the formula:

$$377 \quad y = 0.073x - 1.5065$$

378 being

379 **$y = \text{saxitoxin concentration } (\mu\text{g/liter})$ and $x = \text{number of filaments/ml}$**

380 This saxitoxin concentration is close to the maximum limit allowed in
381 reservoirs by the Brazilian Health Ministry (MS 2914/2011), which is $3.0\mu\text{g}$
382 equivalent saxitoxin/liter [53].

383 The counting of filaments was performed three times a week for three
384 weeks to build a growing curve. Counting was made using a conventional
385 Neubauer chamber, in which the number of filaments/ml was calculated using the
386 following formula:

$$\text{filaments/ml} = 2500y$$

388 being

$$y = \text{sum of filaments counted in the four leukocyte quadrants (0.4 mm}^3\text{)}$$

391 For the treatments, a volume of 0.3 ml (3% of the total) of each
392 homeopathic preparation was poured into each tube once a week. The
393 homeopathic preparations followed the same manipulation standards as
394 described in item 2.1. Baseline (no treated cyanobacteria), autoclaved pure
395 water, and autoclaved succussed pure water were used as controls, prepared as
396 described in item 2.1. All cyanobacteria manipulation was done in a laminar flow
397 cabin to prevent contamination.

398 In the first screening, the twenty-two homeopathic potencies were tested for
399 hatching rate and nauplii vitality (live-born nauplii/cysts number ratio). A semi-
400 quantitative evaluation of the whole set of parameters was done to select the
401 treatments that presented the most convincing performance, considering the
402 evidence of protection or “bioresilience.” Then, the chosen treatments were
403 tested again in the main experimental set.

404 The treatments were randomly numbered by a person not involved in the
405 experiment. All experiments were done blind, and the codes were revealed after
406 the tables and graphics were built. The treatments were:

- 407 • *Sulphur* - 6cH, 30cH, 200cH
- 408 • *Zincum metallicum* - 6cH, 30cH, 200cH
- 409 • *Nitric acidum* - 6cH, 30cH, 200cH
- 410 • *Plumbum metallicum* - 6cH, 30cH, 200cH
- 411 • *Mercurius solubilis* - 6cH, 30cH, 200cH
- 412 • *Phosphoric acidum* - 6cH, 30cH, 200cH
- 413 • Isoterapeutics prepared from *R. raciborskii* extract 5 - 6cH, 30cH, 200cH

414 And the controls were:

- 415 • Unchallenged, non-treated cyanobacteria (baseline)
- 416 • Hydrochloric acid 1cH (5×10^{-4} M)
- 417 • Succussed autoclaved pure water

418 The protocols representing the most promising effect regarding cyanobacteria
419 growth control were also chosen to be used in the main experimental set. They
420 were:

- 421 • *Nitric acidum* 200cH
- 422 • *Mercurius solubilis* 30cH

423

424 And the controls were:

- 425 • Succussed autoclaved pure water
- 426 • Baseline (no treated cyanobacteria)

427 The main experimental set was done using the same protocol described for
428 the screening phase, being N=9, that is, nine tubes for each chosen treatment or
429 control. In this case, the initial number of filaments was 20×10^7 per liter,
430 corresponding to 14.6 $\mu\text{g/liter}$ of saxitoxin, to challenge the effectiveness of
431 treatments in the worst conditions, with a significant population of *R. raciborskii*.

432

433

434 **2.5. Sample analysis by solvatochromic dyes method**

435

436 Solvatochromic dyes are sensitive to a number of environmental stimuli and
437 solution conditions, including solvent polarity and levels of hydrogen bonding, as
438 well as changes in ambient electrical field strengths. Different solvatochromic
439 dyes respond to homeopathic potencies according to their structure, so selective
440 detection and identification of different homeopathic potencies may be possible.
441 The present study aims, amongst others, to see if this possibility can be realized.
442 [32-38].

443 Samples of medicines selected in previous experiments, samples of water
444 from *Artemia franciscana* cultures, and samples of *R. raciborskii* culture were
445 used.

446

447 **2.5.1. Sample preparation**

448

449 All samples followed a previously standardized preparation protocol [39]. In
450 laminar flow, 10ml of 30% ethanol diluted in purified autoclaved water (SmartPak
451 Direct Q3 with Biopak filters - Merck–Millipore, Darmstadt, Germany) was filtered
452 through a 0.22-micrometer mesh filter (Merck–Millipore, Darmstadt, Germany)
453 into a conventional type 2 amber glass flask. Then, another 100µl of each
454 previously filtered sample (Merck–Millipore, Darmstadt, Germany) was added.
455 Flasks were closed and submitted to 100 succussions in the automatic robotic
456 arm (Denise-Autic, São Paulo, Brazil).

457 Each medicine sample was prepared from the respective stock potency. Each
458 water sample (ASM-1 medium or seawater) was prepared from the liquid content
459 of a pool of wells submitted to the same treatment and randomly analyzed in
460 quadruplicate after thawing. Two kinds of pools were prepared for each
461 treatment, each corresponding to a test step (screening or repetition).

462 The selected homeopathic potencies were:

- 463 • Water (baseline)
- 464 • Succussed autoclaved pure water (treatment control)
- 465 • Hydrochloric acid 1cH (5×10^{-4} M) (medium control)
- 466 • 30% ethanol (vehicle control)
- 467 • Isotherapic (*R. raciborskii* extract) 200cH
- 468 • *Plumbum metallicum* 6cH
- 469 • *Nitric acidum* 6cH
- 470 • *Nitric acidum* 200cH
- 471 • *Mercurius solubilis* 30cH

472 The seawater samples obtained from *Artemia franciscana* experiments were
473 those treated with:

- 474 • *Plumbum metallicum* 6cH
- 475 • *Nitric acidum* 6cH
- 476 • Hydrochloric acid 1cH
- 477 • Isotherapic (*R. raciborskii* extract) 200cH
- 478 • Succussed water
- 479 • Water
- 480 • Baseline (from cultures neither challenged nor treated)

481 The ASM-1 samples selected from cultures of *R. raciborskii* were those
482 treated with:

- 483 • *Nitric acidum* 200cH

- 484 • *Mercurius solubilis* 30cH
- 485 • Baseline (from cultures neither challenged nor treated)
- 486 • Succussed water

487

488 2.5.2. Sample analyses

489

490 The dyes used were Coumarin 7, Nile red, N,N-dimethylindoaniline (NN-
491 DMIA), 4-(bis-(4-(dimethylamine) phenyl methylene)-1(4H)-naphthalenone
492 (BDN), Rhodanine, and Methylene violet (Supplementary Material 4), all diluted
493 in absolute ethanol (Synth, Diadema, Brazil) according to the previously
494 standardized ideal concentration [22, 32, 33], 24 hours before carrying out the
495 tests for stabilization. Before use, all dyes were filtered through a 0.22-micrometer
496 mesh filter (Merck–Millipore, Darmstadt, Germany).

497 A preliminary test was conducted to screen those dyes capable of interacting
498 with each homeopathic potency. The dyes that presented the clearest increase
499 or decrease in absorbance were selected to analyze the *Artemia franciscana* or
500 cyanobacteria culture samples.

501 Before adding into the dyes, potencies were again manually succussed using
502 40 vertical movements and filtered through a 0.22-micrometer mesh filter (Merck–
503 Millipore, Darmstadt, Germany). All procedures were carried out in a laminar flow
504 cabin, whose environmental conditions were registered daily (temperature: 25.8–
505 25.9°C; humidity: 39-43%; magnetic flow: 0.03-0.07 μ T). Measurements were
506 made with a thermo-hygrometer (Tomate PD-003, São Paulo, Brazil) and a

507 Gaussmeter (frequency range: 30 to 300Hz, resolution 0.01 to 0.1 μ T, 3%
508 precision at 50-60Hz - Instrutherm DRE 050, São Paulo, Brazil).

509 The spectrophotometer used in the experiment (FEMTO 800 XI, São Paulo,
510 Brazil), with a sensitivity of 1nm, was calibrated with pure ethanol (Synth,
511 Diadema, Brazil) to determine the baseline and used to scan the entire visible
512 spectrum (350 to 800nm) of each testing dye to identify the specific absorbance
513 peak for each experimental series.

514 The analyzes of the samples were performed in a microplate
515 spectrophotometer (EPOCH – Agilent BioTek, Santa Clara, CA, USA), whose
516 wavelengths were selected according to the data obtained in the visible spectrum
517 scanning for each dye. Data were automatically generated in an Excel electronic
518 sheet.

519 The homeopathic potency samples were distributed in conventional flat-
520 bottomed 96-well microplates for ELISA tests to screen responsive dyes in the
521 first round. Each sample was distributed in eight wells per plate, four plates per
522 dye. In each plate, a row of eight wells containing only absolute ethanol and
523 another containing only pure dye (diluted in alcohol, as indicated in
524 Supplementary Material 4) was prepared. In the following rows, samples, and
525 dyes were inserted into each well, 236 μ l of dye and 4 μ l of sample, so the ratio
526 between them was 1:60 [22, 32, 33]. The absorbance delta represented each
527 sample absorbance minus the pure dye absorbance average per plate, already
528 discounting the natural absorbance of absolute ethanol.

529 Considering the recent results obtained by Cartwright in 2020 [37], in which
530 evidence for the electromagnetic nature of the interaction dye/potency was

531 presented, the tests were carried out in two stages, the first being carried out as
532 described above and the second carried out after submitting samples to a
533 constant magnetic field for 15 minutes, using a neodymium magnet model N42 –
534 NdFeB (Magnetum Produtos Magnéticos, São Paulo, Brazil), measuring 5.08 x
535 5.08 x 1.27cm, in a 270g block format, coated with nickel, whose capacity is 2400
536 Gauss, according to manufacturer's information. The exposition time was chosen
537 based on [52].

538 All samples of the same experiment were simultaneously subjected to the
539 magnetic field. The microtubes were placed at the bottom of a Becker and
540 positioned in the same direction of the magnetic flow, as shown in Supplementary
541 Material 5. The magnet was set on a bench free of equipment plugged into the
542 electric current to avoid interference, and cell phones were kept at least 2 meters
543 away.

544 After analyzing the interaction between potencies and dyes, the most
545 expressive results were obtained after passing the samples through the magnetic
546 field with greater significance and a lower coefficient of variation. Thus, this
547 method was chosen for the following steps concerning the analysis of culture
548 medium samples. The dyes selected for these analyzes were a) Coumarin 7,
549 responsive to the Isotherpic (*R. raciborskii* extract) 200cH, *Plumbum metallicum*
550 6cH, and *Nitric acidum* 6cH; b) Nile red, responsive to *Nitric acidum* 200cH and
551 *Mercurius solubilis* 30cH.

552

553 **2.6. Analyses of physicochemical parameters of *R. raciborskii***
554 **cultures**

555

556 Cultures of *R. raciborskii* in ASM-1 medium were used in this assay, as
557 described in item 2.4. Based on previously obtained results, *Nitric acidum 200cH*
558 and *Mercurius solubilis 30cH* were used for treatment. Sucussed water was used
559 as vehicle control, and data obtained from untreated cultures were considered
560 baseline. The three preparations were blinded before the start of the experiment,
561 and the codes were opened only after statistical analysis.

562 Samples of 100 ml of the culture containing 3×10^7 filaments per liter were
563 inserted into 250ml Beckers (N=4 per treatment) and kept in cabins with stainless
564 steel walls and a glass side lid to allow light to pass through. Using those cabins
565 permitted the maintenance of a protected environment during the experiments.
566 Cold white fluorescent light fixed in the roof provided the light cycle (12h light –
567 12h dark). Temperature ($25.7 \pm 0.74^\circ\text{C}$), humidity ($65.8 \pm 3.42\%$), and constant
568 magnetic field ($0.01\mu\text{T}$) inside the cabins were recorded daily throughout the
569 experiment.

570 Two cabins were used simultaneously: one with cultures treated with
571 potencies not subjected to the magnetic field and the other with cultures treated
572 with potencies subjected to a magnetic field, as described in item 2.5.2. The tests
573 were carried out over five days. The physicochemical parameters of the medium
574 (temperature, pH, and conductivity) were recorded daily using multi-parameter
575 sensors (Waterproof pH/EC/temperature meter – JuanJuan Electronic
576 Technology, Guangdong, China). Those sensors were calibrated simultaneously

577 before the beginning of the test, using the same standard solutions, and made by
578 two persons in a double-check system.

579 The experimental design was defined as Day 1 - the cultures were divided
580 into 100ml aliquots and distributed in 250ml Beckers, four aliquots per treatment.
581 In this way, 16 Beckers were placed in each cabin equally apart and covered with
582 a filter paper lid to avoid the accidental deposition of particles suspended in the
583 air. The first measurement of physicochemical parameters was performed on this
584 day. Day 2 - the physicochemical parameter measurements were performed
585 twice on this day, the first time immediately before the potencies (or control)
586 insertion into the medium and the second time immediately afterward. The
587 treatments were performed by inserting 100µl of each potency in the respective
588 Becker. Only measurements of physicochemical parameters were performed on
589 days 3, 4, and 5. Four meters were used, one for each treatment group, avoiding
590 contamination between samples. Between one measurement and the other, the
591 sensors were washed with purified autoclaved water (SmartPak Direct Q3 with
592 Biopak filters - Merck–Millipore, Darmstadt, Germany) and dried with soft tissue
593 paper. Every day, before starting the experiments, the sensors were sterilized
594 under a UV light inside a plastic envelope for 15 minutes. All measurements were
595 made in the morning.

596

597 **2.7. Statistical analysis**

598

599 Statistical analysis and graphics were performed using GraphPad Prism
600 version 9.5 for Windows. Normality was assessed by the Shapiro-Wilk test and

601 by inspection of quartile-quartile plots (Q-Q plots). One-way ANOVA evaluated
602 normal variables for identifying statistical significance among treatments, and
603 Two-way ANOVA for identifying statistical significance among treatments in the
604 function of time. Tukey's post-test was used to compare one group to another.
605 Variables that did not fit the normality test were evaluated by Kruskal-Wallis,
606 followed by Dunn's post-test. Outliers were identified following Tukey's rule using
607 the Prism 9.5 tools and removed if necessary. The significance level adopted was
608 $\alpha=0.05$.

609

610 **3. Results**

611

612 **3.1. *R. raciborskii* extract toxicity on *Artemia franciscana***

613

614 The hatching rate in 24, 48, and 72 hours after the exposition to the extracts
615 is shown in Table 2. Extract 5 caused moderate toxicity, not enough to kill all
616 embryos but strong enough to disturb the cyst hatching rate, being the ideal
617 condition to proceed with the following tests.

618

619 **Table 2.** Hatching rate of cysts after 24, 48, and 72 hours of incubation according
620 to different *R. raciborskii* extract batches, whose concentrations were calculated
621 according to the number of filaments produced by the cyanobacteria *in vitro*. N/A
622 = not applicable.

Challenge	Equivalent saxitoxin per well (ug/liter)	24 hours hatching rate (%)	48 hours hatching rate (%)	72 hours hatching rate (%)
Baseline	N/A	9.82	80.00	80.37
Extract X	0.6942	9.40	85.00	85.23
Extract Y	0.4246	0	0	0
Extract Z	0.2125	0	0	0
Extract 5	0.2086	5.71	39.00%	39.43
Extract 6	0.1608	0	1.00	0.85
Extract 7	0.1393	9.09	58.00	59.89
Extract 8	0.0569	8.60	73.00	78.49
1% hydrochloric acid 0.05M (5 x 10 ⁻⁴ M)	N/A	3.95	54.00	64.47

623

624 From this first result, the second assay was performed. Cyst hatching and
625 nauplii death rates were calculated in 48 hours from different extract 5
626 concentrations in seawater, from 50% to 3.125%. Hydrochloric acid 0.05M and
627 seawater were used as controls. These results are shown in Table 3.

628

629 **Table 3.** Cyst hatching and nauplii lethality rates after 48 hours of challenging the
630 function of decrescent extract 5 concentrations in seawater. The known saxitoxin
631 concentration of the raw extract was 20µg/liter, according to the number of
632 filaments produced by the cyanobacteria *in vitro*. N/A = not applicable.

633

Challenge	Saxitoxin concentration	Hatching rate (%)	Lethality rate (%)
-----------	-------------------------	-------------------	--------------------

	($\mu\text{g/liter}$)		
50% extract 5	10.0	1.6	96.67
25% extract 5	5.0	25.68	51.28
12.5% extract 5	2.5	70.59	4.00
6.25% extract 5	1.25	69.64	0
3.125% extract 5	0.6	72.41	0
Hydrochloric acid (0.05 M)	N/A	71.67	0
Baseline 1	N/A	78.26	0
Baseline 2	N/A	81.33	0

634

635 The chosen working dilution of extract 5 was 12.5%, whose saxitoxin
636 concentration is 2.50 $\mu\text{g/liter}$. This concentration seemed quite strategic since the
637 World Health Organization and the Brazilian Health Ministry (MS 2914/2011)
638 adopted the 3.0 $\mu\text{g/liter}$ limit as the maximum acceptable level in public reservoirs
639 [53]. Thus, this working concentration was considered an ideal experimental
640 condition since it was strong enough to produce measurable changes in *Artemia*
641 *franciscana* survival and, at the same time, is related to real-world conditions. The
642 environmental conditions registered in this step were: temperature: $22.6 \pm$
643 1.94°C ; humidity: $60.25 \pm 5.06\%$; magnetic flux: 0.01 μT (invariable).

644

645 **3.2. Screening of homeopathic potencies**

646

647 The hatching reduction and increased nauplii vitality indicate *Artemia*
648 species-specific bioresilience skills. In this trial, the best performance was seen
649 after the following treatments in a crescent order of effectiveness:

650 - *Plumbum metallicum* 6cH – low hatching rate, highest viability (100%), but
651 low vitality.

652 - *Nitric acidum* 6cH – low hatching rate, unchallenged comparable viability,
653 but low vitality.

654 - Isotherapeutic 200cH – unchallenged-like hatching and vitality rates, with the
655 highest viability (100%). This was the best performance in the screening test.

656 Detailed results from the screening of potencies and the selection of those
657 that showed evident results on cyst hatching arrest and higher vitality of the born
658 nauplii are described in Supplementary material 6.

659 Thus, the next step was a complete experiment with statistical analysis based
660 on these three potencies. The methods are described in item 2.2.

661

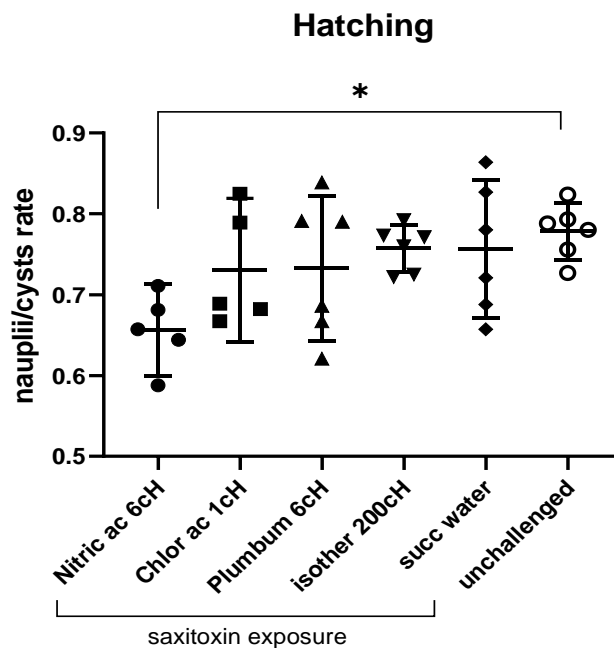
662 **3.3. Protection of *Artemia franciscana* from *R. raciborskii* extract after** 663 **treatment with homeopathic potencies**

664

665 Cysts treated with *Nitric acidum* 6cH significantly decreased the hatching rate
666 of the unchallenged samples (Figure 1) but also reduced the live nauplii/cysts
667 ratio (vitality) (Figure 2). However, the Isotherapeutic (*R. raciborskii* extract) 200cH
668 treatment led to a similar nauplii behavior about the unchallenged cysts
669 (baseline), reproducing the same conclusion obtained in the screening phase.
670 This effect is the most interesting since it preserves the natural behavior of nauplii
671 besides the exposition to cyanotoxins.

672 Succussed water and other treatments presented higher variance in baseline
673 and Isotherapeutic (*R. raciborskii* extract) 200cH treatments with no statistical
674 significance (Figure 2).

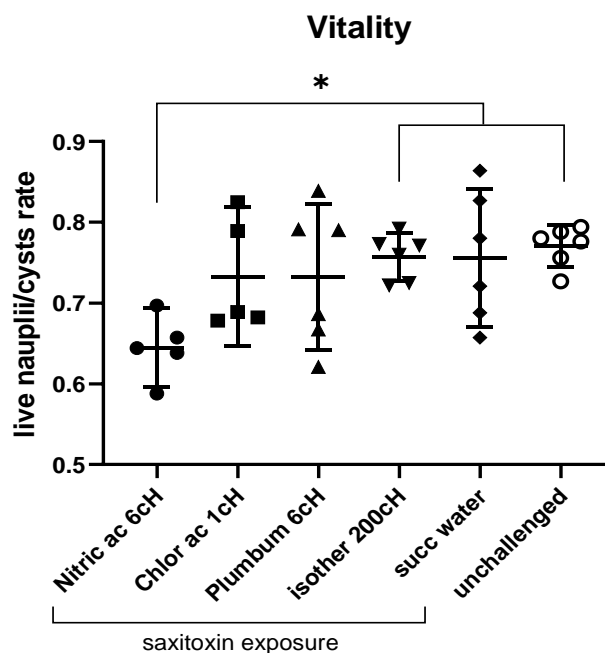
675



ANOVA, $F(5, 28) = 2.469$, $p=0.05$. Tukey, $*p=0.03$

676

677 **Figure 1.** Cyst hatching rate after 48 hours of exposure to extract 5 (saxitoxin
 678 concentration = 2.5 µg/liter) and treated with different homeopathic potencies.
 679 Unchallenged nauplii correspond to the baseline. One-way ANOVA ($F_{(5,$
 680 $28)=2.469$, $p=0.05$; Tukey, $*p=0.03$). Values represent the mean and 95% of the
 681 confidence interval, and two outliers were identified.



682

683 **Figure 2.** Living nauplii/cysts rate (vitality) after 48 hours of exposure to extract 5
 684 (saxitoxin concentration = 2.5 $\mu\text{g/liter}$) and treated with different homeopathic
 685 potencies. Unchallenged nauplii correspond to the baseline. One-way ANOVA (F
 686 $(2, 28) = 2.948$, $p = 0.029$; Tukey * $p \leq 0.05$). Values represent the mean and 95% of
 687 the confidence interval. Two outliers were identified.

688

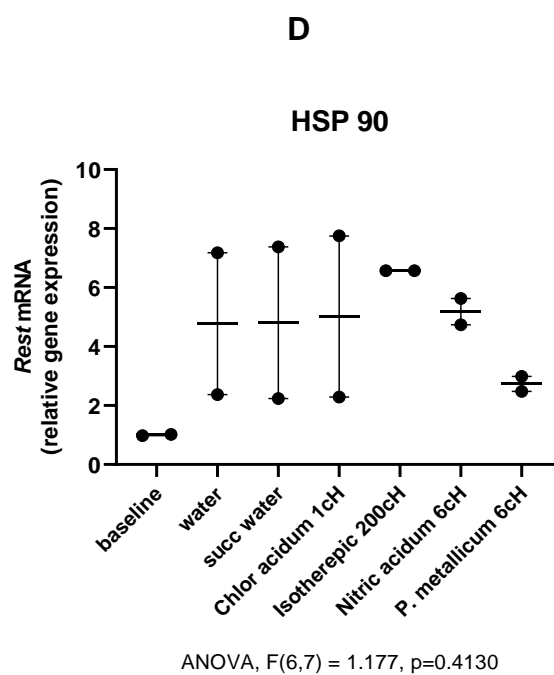
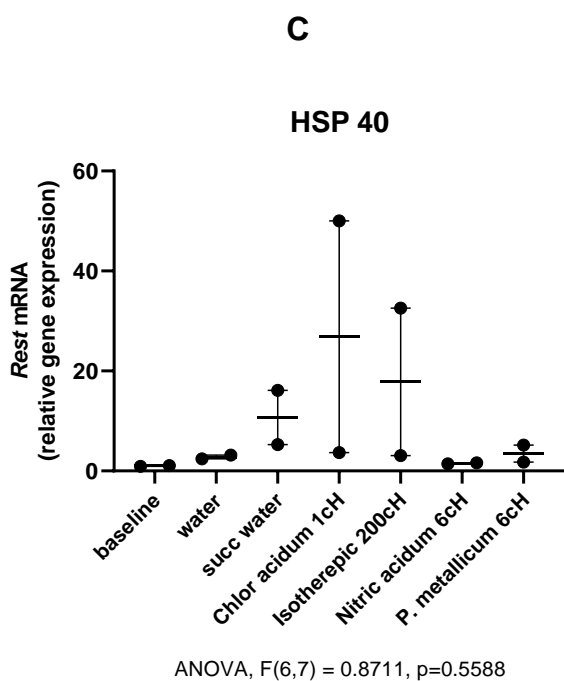
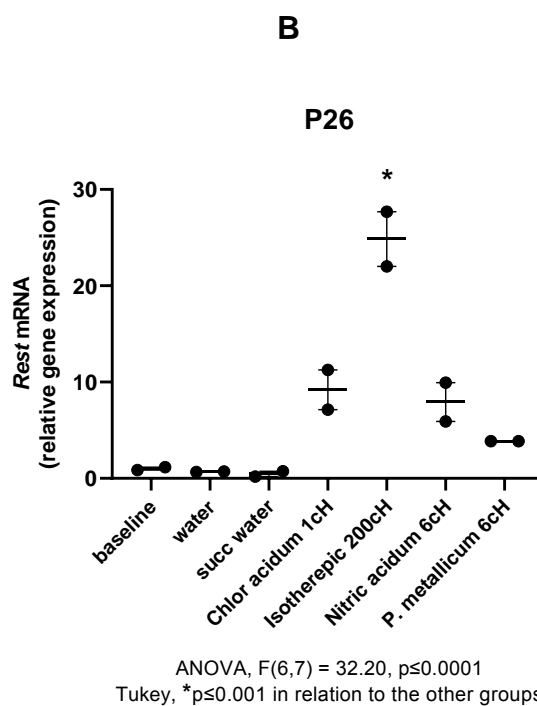
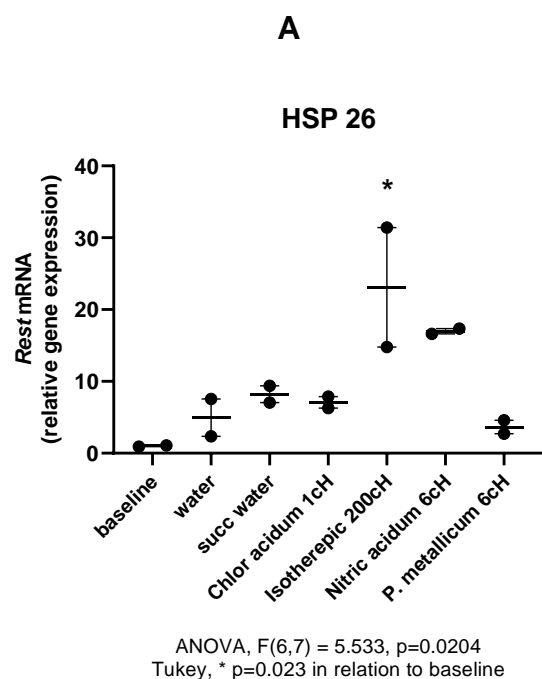
689 3.4. HSPs gene expression

690

691 The expression of the following genes was analyzed from the thawed
 692 biological material: Hsp26, p26, Hs40, and Hsp90. There was no statistical
 693 difference in Hsp40 and Hsp90 expression. However, there was an increase of
 694 Hsp26 and p26 expression in the groups treated with Isotherapeutic (*R. raciborskii*

695 extract) 200cH (Figure 3), indicating bioresilience improvement, given the role of
 696 such proteins on embryo survival [12,13,54,55].

697



698

699 **Figure 3.** Hsp 26, p 26, Hsp 40, and expression in embryo and nauplii exposed
700 to extract 5 of *R raciborskii* (saxitoxin concentration = 2.5 µg/liter) and treated
701 with different homeopathic potencies. Unchallenged nauplii correspond to the
702 baseline. Statistical data are described at the bottom of each graphic. One-way
703 ANOVA, followed by post-test of Tukey. Values represent the mean and standard
704 error. No outliers were identified.

705

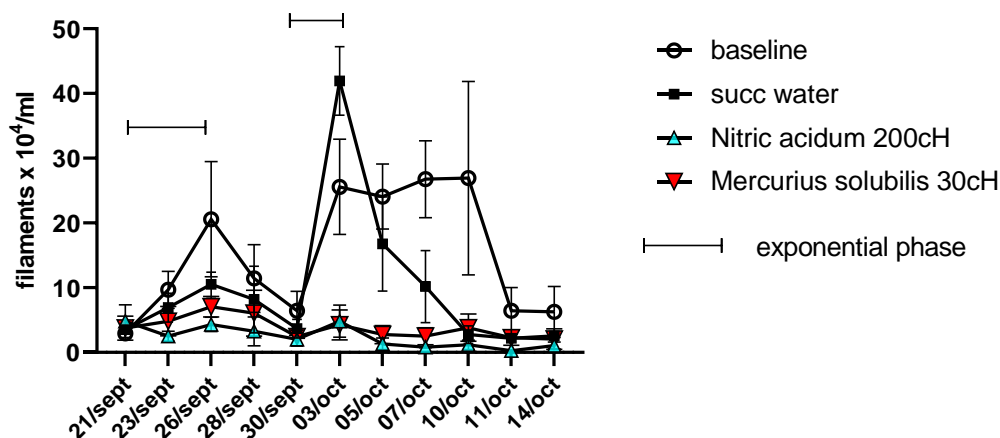
706 **3.5. *R. raciborskii* growth after treatment with homeopathic potencies**

707

708 Prior to the main study, a drug screening was performed to determine which
709 drugs were most promising in limiting the growth of cyanobacteria. *Nitric acidum*
710 200cH and *Mercurius solubilis* 30cH were selected for a new confirmatory assay,
711 and succussed water was used as vehicle control (Figure 4).

712 Detailed results from the screening of potencies and the selection of those
713 that showed evident results on *R. raciborskii* growth control are described in
714 Supplementary material 6.

715



716

717 **Figure 4.** Growth of *R raciborskii* cultures (first round) in the function of the time
 718 comparing the chosen treatments (*Nitric acidum 200cH* and *Mercurius solubilis*
 719 30cH) with succeded water and unchallenged/untreated cultures (baseline).
 720 Cultures started from a population of 5×10^7 filaments/liter, able to produce
 721 $3.6\mu\text{g/ml}$ of saxitoxin. Statistical data are described at the bottom of the graphic
 722 Two-way ANOVA followed by a post-test of Tukey. Values represent mean and
 723 standard error. Samples were done in triplicate, and no outliers were identified.

724

725 The baseline group of cyanobacteria cultures represents the unique condition
 726 where no treatment or interventions were used, and bacteria have grown
 727 spontaneously. An apparent biphasic curve is seen, which is expected for this
 728 species when cultivated in ASM-1 medium. Cyanobacteria grow in time-
 729 dependent serial cycles, faster or slower, depending on the environmental
 730 conditions [7].

731 On the other hand, cultures treated with *Nitric acidum* 200cH and *Mercurius*
732 *solubilis* 30cH over two periods of exponential growth did not show growth peaks
733 compared to the baseline. Treatment with succussed water maintained a partially
734 limited growth during the first peak of exponential growth, but this effect was not
735 observed in the second peak. Such differences were statistically significant,
736 presenting an interaction between time and treatment, being $p < 0.0001$. This
737 means that the treatment effect changed as a function of time, given the
738 stationary and exponential phases observed during the experimental period
739 (Figure 4).

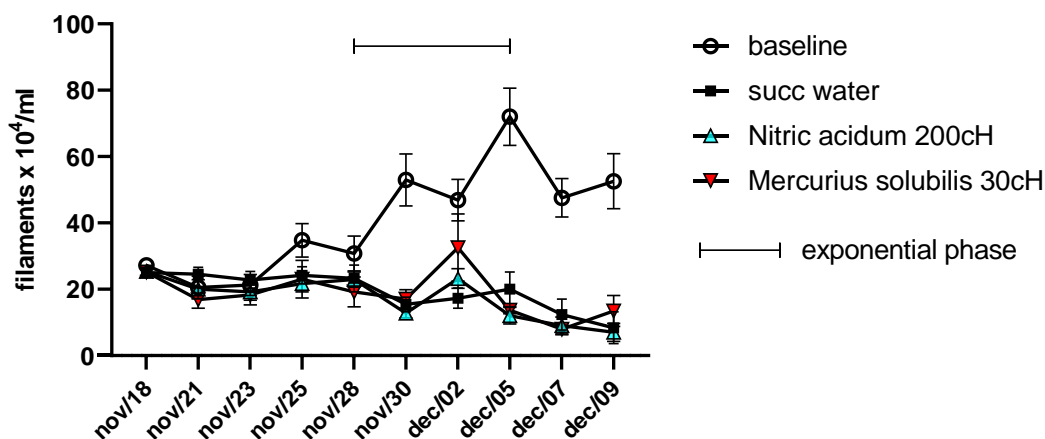
740 The second test checked the previous results in more challenging conditions,
741 with more repetitions. The results are shown in Figure 5.

742 In this case, only a late peak of exponential growth was seen in the
743 unchallenged culture (baseline), and the three treatments (*Nitric acidum* 200cH,
744 *Mercurius solubilis* 30cH, and *succussed water*) were equally capable of
745 inhibiting the growth of *R. raciborskii*.

746 Comparing both graphs, the synchronism between the beginning of the
747 treatment and the beginning of the exponential growth phase of *R. raciborskii*
748 seems to be another essential factor for clear evidence of growth inhibition.

749

750



Mean / SEM - Two-way ANOVA (N=9)
 $F(27,320) = 6.069$, $p < 0.0001$ for interaction
 $F(9,320) = 3.213$, $p = 0.001$ for date
 $F(3,320) = 66.89$, $p < 0.0001$ for treatment
 Tukey, $p < 0.0001$, Nitric acidum 200cH, Merc. solubilis 30cH and succ water vs. baseline
 Treatments: Nov 14, Nov 21, Nov 28, Dec 05

751

752 **Figure 5.** Growth of *R raciborskii* cultures (second round) in the function of the
 753 time comparing the chosen treatments (*Nitric acidum* 200cH and *Mercurius*
 754 *solubilis* 30cH) with succussed water and unchallenged/untreated cultures
 755 (baseline). Cultures started from a population of 20×10^7 filaments/liter, able to
 756 produce $14.6 \mu\text{g/ml}$ of saxitoxin. Statistical data are described at the bottom of
 757 the graphic. Two-way ANOVA followed by post-test of Tukey. Values represent
 758 mean and standard error. N=9 cultures per treatment. One outlier was identified
 759 on Nov/25.

760

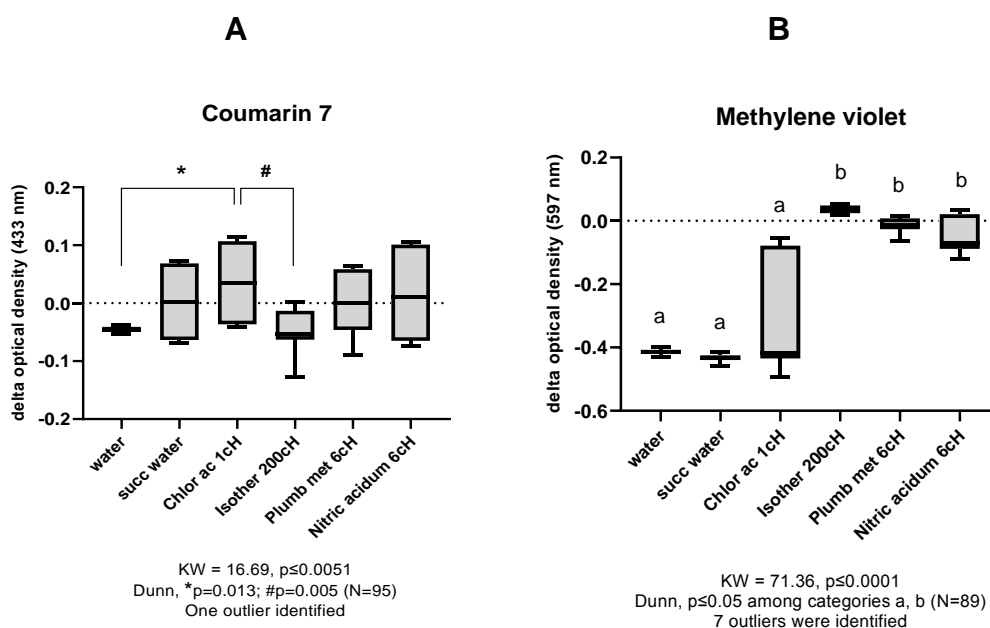
761 3.6. Analysis of homeopathic potencies using solvatochromic dyes

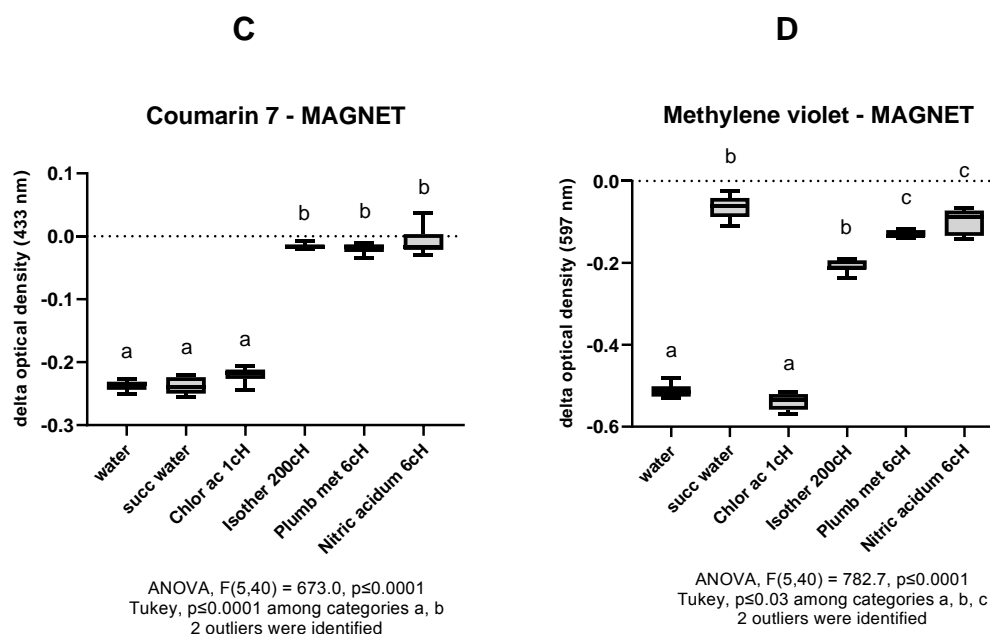
762

763 After the screening (Supplementary Material 7), *Plumbum metallicum* 6cH,
 764 *Nitric acidum* 6cH, and Isotherapic (*R. raciborskii* extract) 200cH, used in treating
 765 *Artemia franciscana*, showed better interaction with Coumarin 7 and Methylene

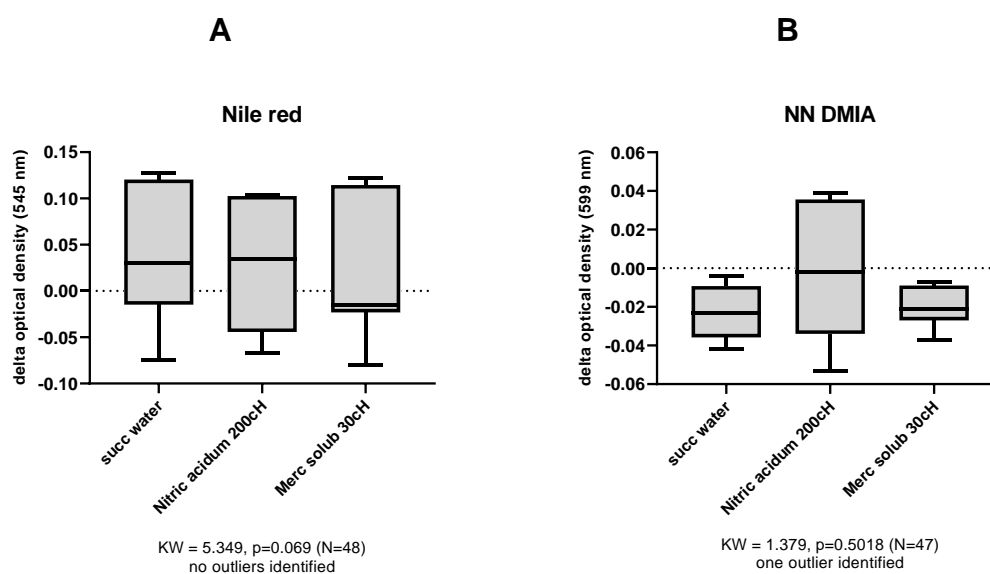
766 violet in relation to the other dyes. This effect was sharper and more specific after
 767 submitting the samples to the magnetic field (Figure 6). Considering the whole
 768 data set, the method that best identified the homeopathic potencies compared to
 769 controls was the interaction of homeopathic potencies with Coumarin 7 when
 770 previously subjected to the magnetic field. Thus, Coumarin 7 was chosen for the
 771 evaluation of seawater samples.

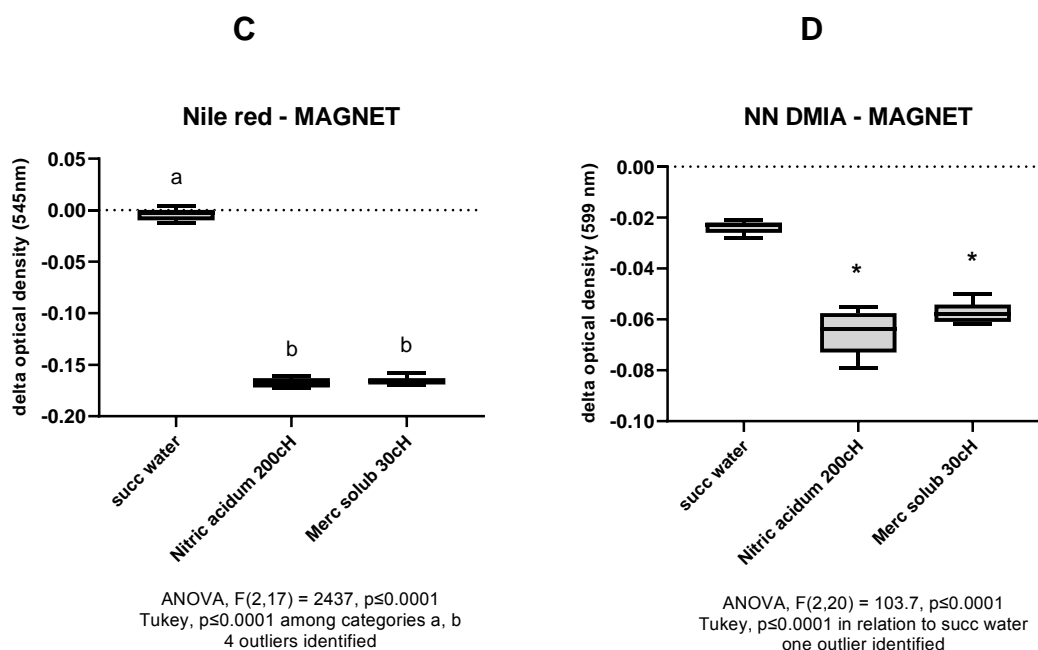
772 *Nitric acidum* 200cH and *Mercurius solubilis* 30cH, used in treating *R.*
 773 *raciborskii* cultures, showed a better interaction with Nile red. The results were
 774 equally sharper and more specific after submitting the samples to the magnetic
 775 field (Figure 7). In the whole data set, Nile red showed less variance and more
 776 striking results than NN-DMIA. Therefore, it could be considered a good marker
 777 for *Nitric acidum* 200cH and *Mercurius solubilis* 30cH when previously submitted
 778 to the magnetic field. There was a clear correspondence between the interaction
 779 with Nile red and the effects of these potencies on the *R. raciborskii* growth
 780 control. Thus, this dye was selected for the culture medium samples analyses.





781 **Figure 6.** Boxplot of Coumarin 7 and Methylene violet absorbance after
 782 interacting with Isotherapeutic (*R. raciborskii* extract) 200cH, *Plumbum metallicum*
 783 6cH, *Nitric acidum* 6cH, and controls. Kruskal-Wallis / Dunn was used in A and B
 784 since the variables presented no normality at the Shapiro-Wilk test. One-way
 785 ANOVA / Tukey was used in C and D since the variables presented normality at
 786 the Shapiro-Wilk test. Statistical data are described at the bottom of the graphic.
 787 N=8 per treatment.





788 **Figure 7.** Boxplot of Nile red and NN-DMIA absorbance after interacting with
 789 *Nitric acidum* 200cH, *Mercurius solubilis* 30cH, and controls. Kruskal-Wallis /
 790 Dunn was used in A and B since the variables presented no normality at the
 791 Shapiro-Wilk test. One-way ANOVA / Tukey was used in C and D since the
 792 variables presented normality at the Shapiro-Wilk test. Statistical data are
 793 described at the bottom of the graphic. N=8 per treatment.

794

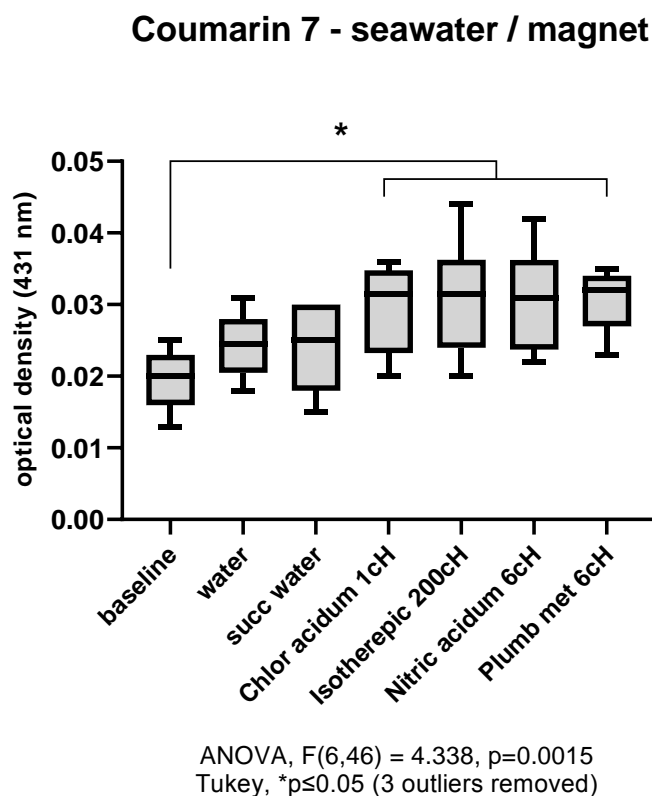
795 3.7. Analysis of seawater and ASM-1 medium samples with 796 solvatochromic dyes

797

798 After testing dyes with different potencies, Coumarin 7 was the ideal dye for
 799 analyzing seawater sample pools. Each pool corresponded to a row of wells
 800 subjected to the same treatment in two different saxitoxin concentrations.
 801 Samples were analyzed in quadruplicate and subjected to a constant magnetic

802 field immediately before interacting with the dye. All homeopathic potencies were
 803 responsive to Coumarin 7, including hydrochloric acid 1cH, as shown in Figure 8.

804



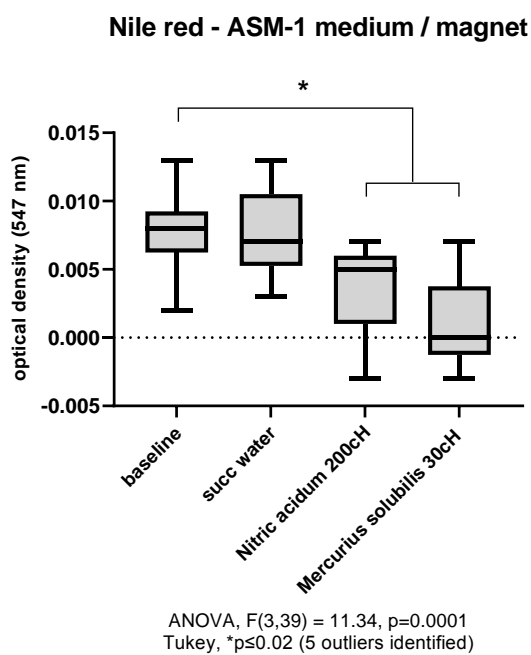
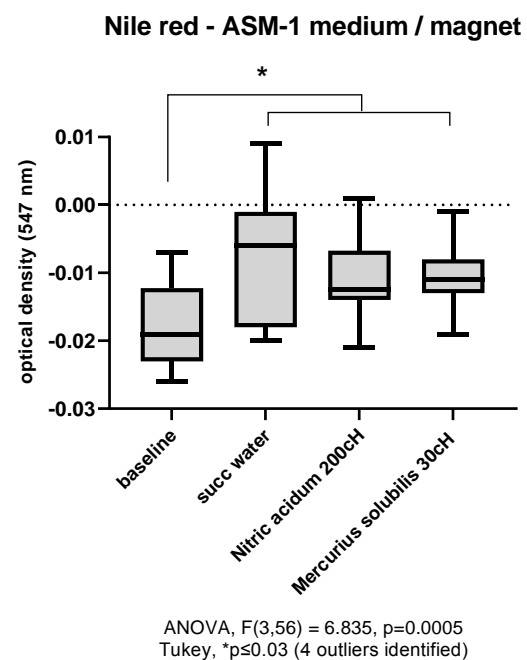
805

806 **Figure 8.** Boxplot of Coumarin 7 absorbance after interacting with Isotherapic (*R.*
 807 *raciborskii* extract) 200cH, *Plumbum metallicum* 6cH, *Nitric acidum* 6cH,
 808 hydrochloric acid 1cH, and controls. One-way ANOVA / Tukey was used since
 809 the variables presented normality at the Shapiro-Wilk test. $F_{(6,46)} = 4.338$,
 810 $p=0.0015$, Tukey $*p \leq 0.05$. Data show the combination of two pools of water,
 811 analyzed in quadruplicate.

812

813 Likewise, Nile red was the ideal dye for analyzing cyanobacterial culture
 814 medium. The samples were analyzed in experimental quadruplicates for each
 815 study stage (screening and repetition). Moreover, testing triplicates or

816 quadruplicates were done for the spectrophotometric reading, resulting in N=12
817 for the screening samples and N=16 for the repetition samples. The results can
818 be seen in Figures 9 (A and B).

A**B**

819 **Figure 9.** Boxplot of Nile red absorbance after interacting with *Nitric acidum*
820 200cH, *Mercurius solubilis* 30cH, and controls. One-way ANOVA / Tukey was
821 used since the variables presented normality at the Shapiro-Wilk test. (A)
822 Samples obtained from the screening test, $F_{(3,39)} = 11.34$, $p=0.0001$, Tukey
823 $*p\leq 0.02$, $N=12$. (B) Samples obtained from the repetition test, $F_{(3,56)} = 6.835$,
824 $p=0.0005$, Tukey $*p\leq 0.03$, $N=16$.

825

826 In both experimental situations, the sample's behavior mirrored the effects on
827 cyanobacteria growth in relation to the baseline. Thus, Nile red was considered
828 a good marker for *Nitric acidum* 200cH and *Mercurius solubilis* 30cH in ASM-1
829 medium.

830 Solvatochromic dyes respond to homeopathic potencies through an increase
831 in their electronic polarization. Changes in their spectra reflect this increase in
832 polarization, but absorbances can increase or decrease according to a dye's
833 particular electronic structure and aggregation characteristics in solution.

834

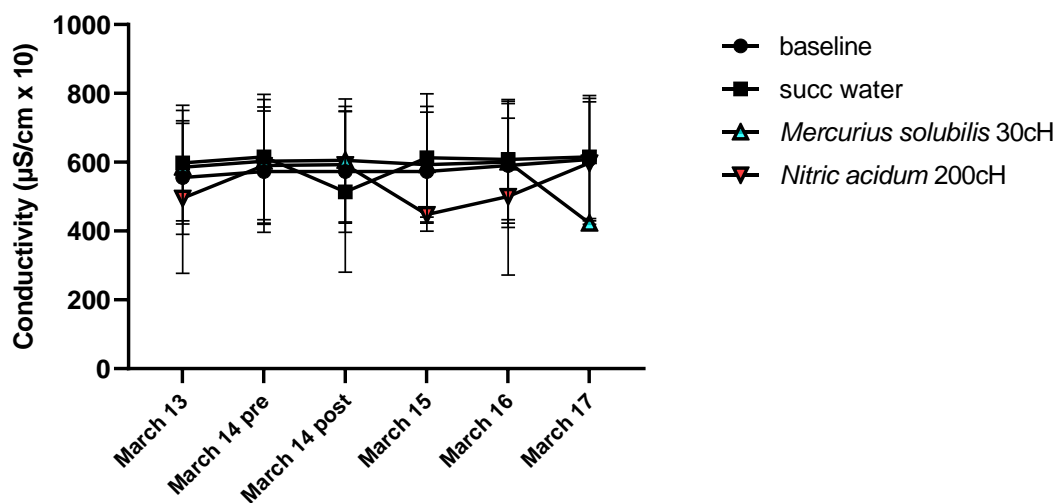
835 **3.8. Analysis of physicochemical parameters of ASM-1 medium before** 836 **and after the treatment of *R. raciborskii* with homeopathic** 837 **potencies**

838

839 No changes in conductivity were observed as a function of treatments and
840 time (there was no statistical interaction between them), regardless of the
841 homeopathic potencies submission to the magnetic field, as shown in Figure 10.

A

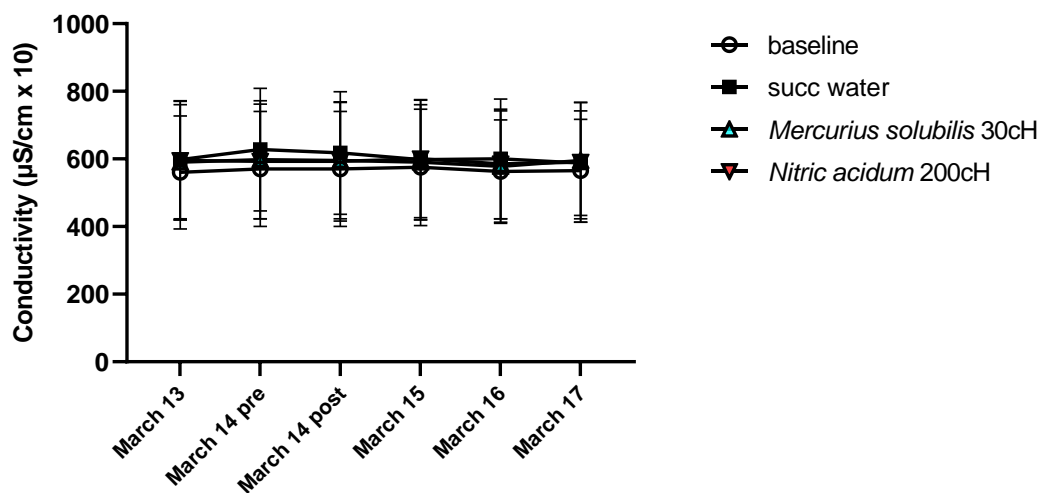
Conductivity of ASM-1 medium



Mean / SEM - Two-way ANOVA (N=4)
 $F(15,72) = 0.1119$, $p=0.9999$ for interaction
 $F(5,72) = 0.02759$, $p=0.9996$ for date
 $F(3,72) = 0.1116$, $p=0.9530$ for treatment
 one outlier identified in March 17

B

Conductivity of ASM-1 medium / magnet



Mean / SEM - Two-way ANOVA (N=4)
 $F(15,72) = 0.0021$, $p=0.9999$ for interaction
 $F(5,72) = 0.0049$, $p=0.9999$ for date
 $F(3,72) = 0.0509$, $p=0.9847$ for treatment

842 **Figure 10.** Conductivity variation of *R. raciborskii* culture medium submitted to
843 different treatments (*Nitric acidum* 200cH and *Mercurius solubilis* 30cH) and
844 controls as a function of time. (A) the time-dependent curve of cultures treated
845 with homeopathic potencies not subjected to the magnetic field. (B) the time-
846 dependent curve of cultures treated with potencies subjected to a magnetic field
847 immediately before immersion into the medium. Two way-ANOVA / Tukey was
848 used since the variables presented normality at the Shapiro-Wilk test. Statistical
849 data are described at the bottom of the graphic. The data generated in
850 quadruplicates are represented by the mean and standard error.

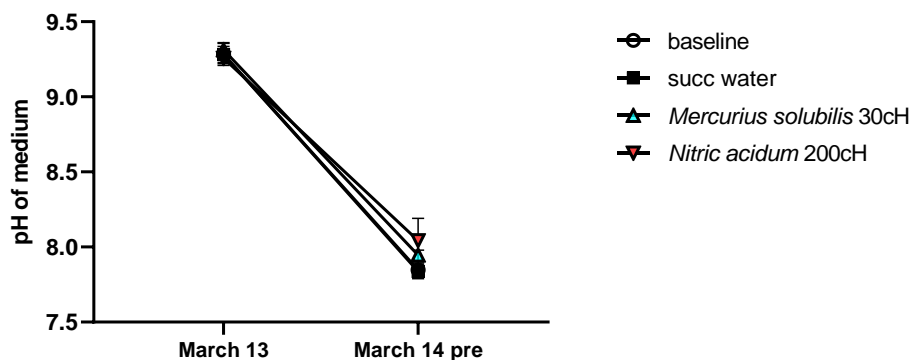
851

852 On the other hand, pH variations showed the need to stabilize cultures in the
853 first 24 hours after distribution in the Beckers up to reach the expected pH range
854 for the ASM-1 medium (pH = 7.5 – 8.0). This was observed in both batches, batch
855 1 (used later for treatment with potencies not subjected to a magnetic field) and
856 batch 2 (used later for treatment with potencies subjected to a magnetic field)
857 (Figure 11). Then, it was possible to perform treatments and sequential
858 observations as a function of time.

859

A

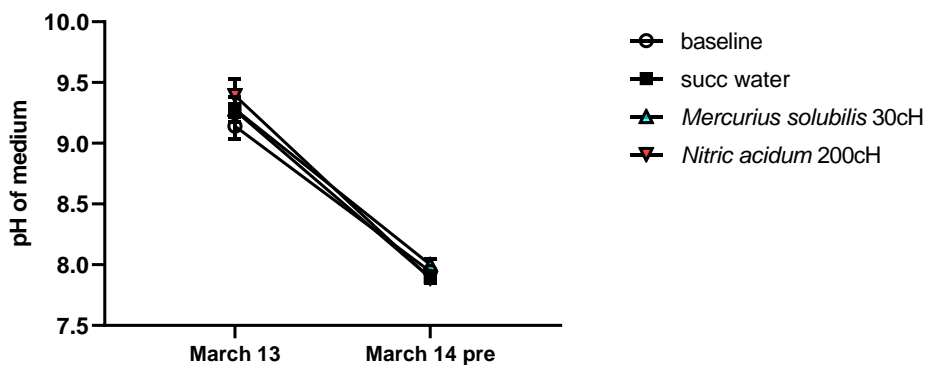
pH of ASM-1 medium - stabilization after seeding
(batch 1)



Mean / SEM - Two-way ANOVA (N=4)
 $F(3,24) = 1.157$, $p=0.3466$ for interaction
 $F(1,24) = 765.9$, $p<0.0001$ for date
 $F(3,24) = 0.8417$, $p=0.4845$ for treatment

B

pH of ASM-1 medium - stabilization after seeding
(batch 2)



Mean / SEM - Two-way ANOVA (N=4)
 $F(3,24) = 1.487$, $p=0.2432$ for interaction
 $F(1,24) = 601.3$, $p<0.0001$ for date
 $F(3,24) = 0.7657$, $p=0.5244$ for treatment

860 **Figure 11.** pH variation of *R. raciborskii* culture medium in the first 24 hours after
 861 sowing. (A) batch 1 – cultures intended for treatment with homeopathic potencies
 862 not subjected to a magnetic field; (B) batch 2 - cultures intended for treatment
 863 with potency subjected to a magnetic field. Two way-ANOVA / Tukey was used
 864 since the variables presented normality at the Shapiro-Wilk test. Statistical data

865 are described at the bottom of the graphic. The data generated in quadruplicates
866 are represented by the mean and standard error.

867

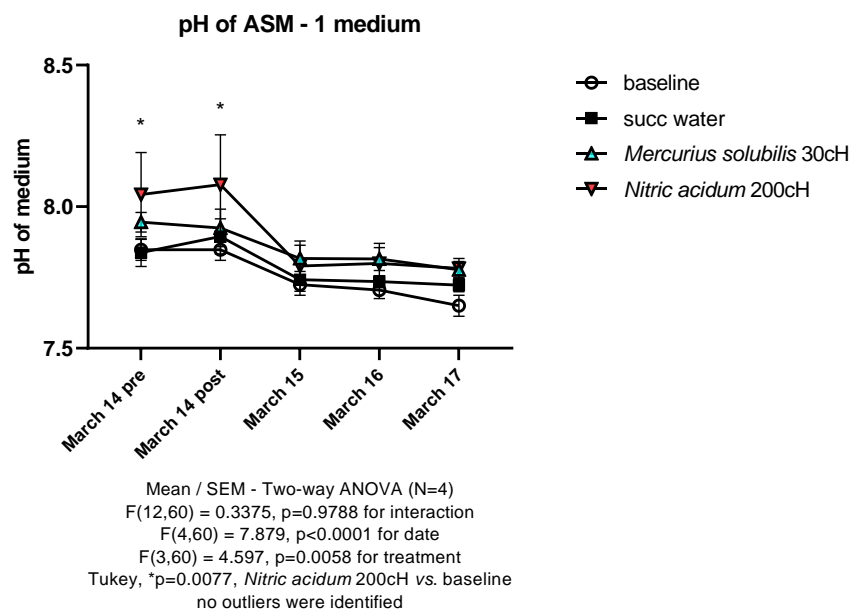
868 The pH curve in the different experimental conditions and treatments
869 between days 2 and 5 showed a slight reduction in pH over the days, ranging
870 from 7.9 to 7.7 in the "baseline" group of both batches, possibly associated with
871 continuous bacteria growth. However, there was a slight and transient increase
872 in pH after the insertion of *Nitric acidum* 200cH in the culture medium, with no
873 statistical interaction between time and treatment (Figure 12 A).

874 Submitting the homeopathic potencies to the magnetic field, in turn, resulted
875 in a more precise and lasting difference between treatments and controls. In this
876 case, both *Nitric acidum* 200cH and *Mercurius solubilis* 30cH showed the same
877 behavior, with greater statistical significance for *Nitric acidum* 200cH. There was
878 no statistical interaction between time and treatment, revealing a constant
879 interference of homeopathic potencies on the medium culture independent of the
880 time (Figure 12B).

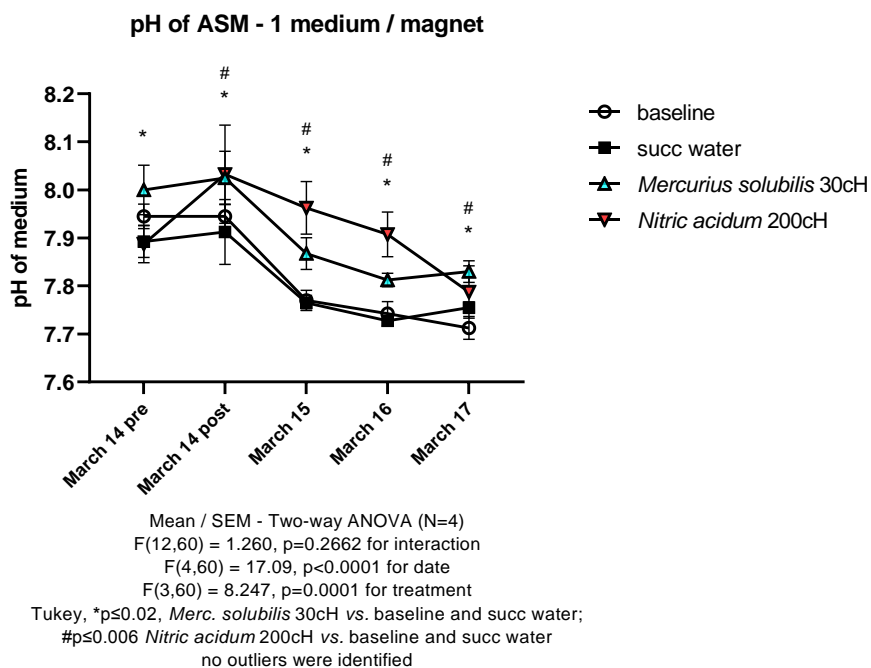
881 The medium temperature curve oscillated in relation to the slight variation
882 registered in the laboratory temperature, which was adjusted to 25°C, oscillating
883 from 24.9 to 26.4°C throughout the experimental period. Thus, there was
884 statistical interaction between time and treatment, independent of submitting the
885 samples to the magnetic field. Interestingly, there was a statistical difference
886 between samples treated with *Nitric acidum* 200cH and those treated with
887 *Mercurius solubilis* 30cH (up to one degree Celsius) when the homeopathic

888 potencies were inserted in the medium. In this case, the effects were opposite
 889 depending on the magnetic field potencies submission (Figure 13 A and B).

A

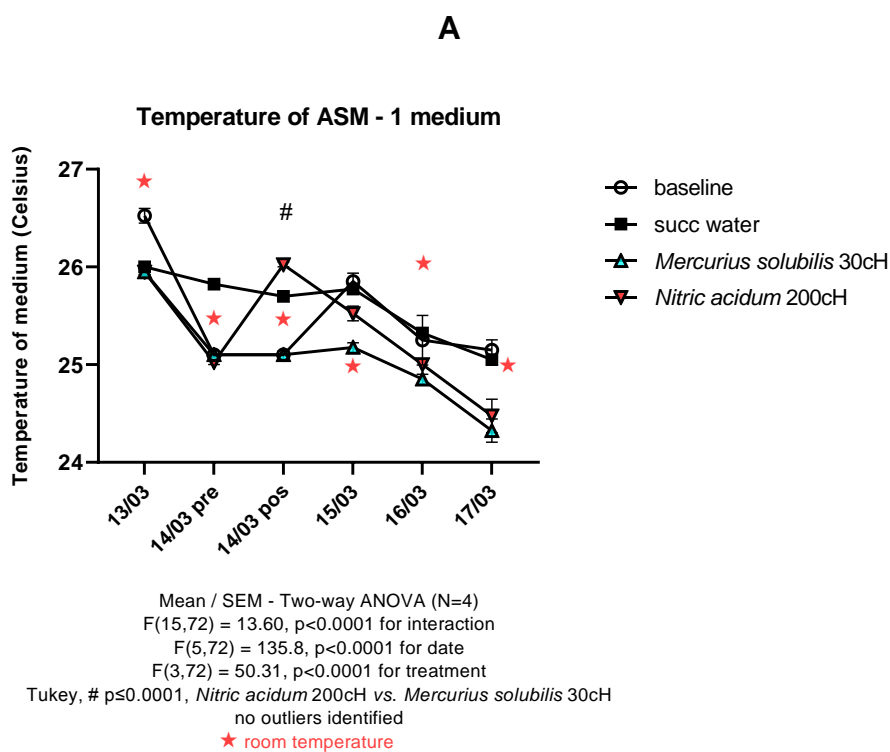


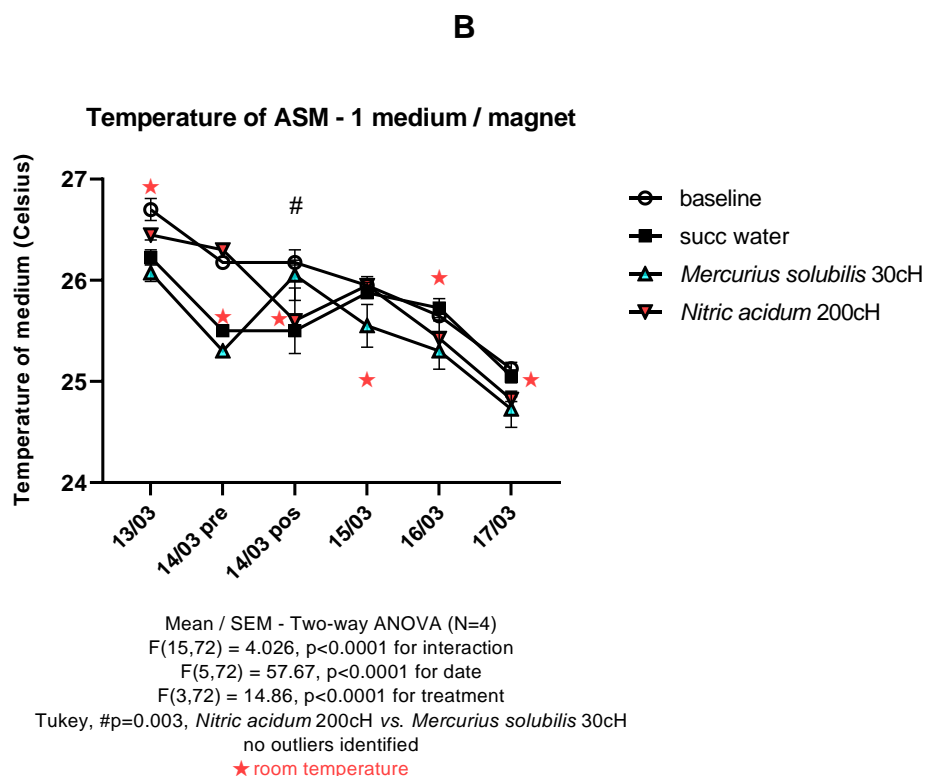
B



890 **Figure 12.** pH variation of *R. raciborskii* culture medium between days 2 and 5.
 891 (A) batch 1 – cultures treated with homeopathic potencies not subjected to a
 892 magnetic field; (B) batch 2 - cultures treated with potencies subjected to a
 893 magnetic field. Two way-ANOVA / Tukey was used since the variables presented
 894 normality at the Shapiro-Wilk test. Statistical data are described at the bottom of
 895 the graphic. The data generated in quadruplicates are represented by the mean
 896 and standard error.

897





898 **Figure 13.** Temperature variation of *R. raciborskii* culture medium during the
 899 experimental period. (A) batch 1 – cultures treated with homeopathic potencies
 900 not subjected to a magnetic field; (B) batch 2 - cultures treated with potencies
 901 subjected to a magnetic field. Two way-ANOVA / Tukey was used since the
 902 variables presented normality at the Shapiro-Wilk test. Statistical data are
 903 described at the bottom of the graphic. The data generated in quadruplicates are
 904 represented by the mean and standard error. The red stars represent the
 905 simultaneous ambient temperature.

906

907 **4. Discussion**

908

909 Cyanobacteria blooms in aquatic environments have become a real and
 910 worrying problem worldwide, affecting water quality and causing potential toxicity,

911 with about 40 genera capable of generating cyanotoxins and producing
912 accidental poisoning in animals and humans, chronically or acutely [56,57]. There
913 is evidence that this is a growing problem, given the increasing incidence of water
914 pollution in natural reservoirs [57]. This panorama inspires and justifies the
915 present research.

916 Eutrophication, a phenomenon related to the enrichment of nutrients in water
917 bodies by natural forces, refers to the increase in the amount of phosphorus,
918 nitrogen, and turbidity in water and the pollution caused by organic waste. One
919 of the consequences of eutrophication is the occurrence of exacerbated
920 cyanobacterial blooms in various parts of the world [58-61].

921 It is known that homeopathy produces regulatory effects on cellular functions
922 in living systems, from microorganisms to humans [22, 26, 27, 29, 62]. In view of
923 this finding, the plausibility of using homeopathy to facilitate bio-resilience of
924 ecosystems and promote global health (the FAO's "one health" approach) is
925 proposed. Using this approach, human health is not addressed without
926 addressing animal and environmental health at the same time [63]. Given its
927 current relevance, the "single health" aim has been considered a priority by the
928 FAO [64]. Consequently, studies on "homeopathy in environmental health" have
929 been the focus of interest for our group in recent years using brine shrimp as a
930 model, given its natural capacity for bioresilience [22-24].

931 In the present study, we used three interrelated experimental approaches to
932 verify the plausibility of homeopathy to improve the condition of water, containing
933 cyanobacterial colonies. The first was focused on the question: "Could
934 homeopathic potencies improve the resilience of brine shrimp exposed to

935 cyanotoxins”? The second aimed to answer the question: “Could homeopathic
936 potencies regulate the growth of cyanobacteria even in a favorable environment
937 for their growth”? And the third question was specifically aimed at least partially
938 elucidating the involved mechanisms: “Is there a correspondence between
939 biological effects and physicochemical changes in water after treating them with
940 homeopathic potencies?”

941 To answer these questions, a well-known standard cyanobacteria strain (*R.*
942 *raciborskii* T3 strain) was used as a model system, as it is well documented and
943 described in terms of its growth in laboratory and natural conditions, as well as
944 the pharmacology of its neurotoxin [1-6, 18, 20, 65-67]. Extract number 5 was
945 previously obtained by dilution of a very concentrated *R. raciborskii* T3 strain
946 extract named “extract 5”, which had a known identified saxitoxin concentration.
947 After a series of pilot tests with *Artemia franciscana* was chosen to define a
948 standard saxitoxin concentration close to the safety limits defined by the Brazilian
949 Health Ministry [53] to be used in the following stages of this study.

950 As for the enhancement of *Artemia franciscana* embryo bioresilience by
951 homeopathic potencies, three samples showed interesting preliminary results in
952 terms of reducing cyst hatching rate. This is a protective response by the embryos
953 by prolonging the diapause period [11-13]. However, the most promising result
954 was observed after treating the cysts with the Isotherapeutic (*R. raciborskii* extract)
955 200cH prepared from extract 5 of *R. raciborskii*, both in the screening phase and
956 the main experiment. In this case, the cysts hatched at the same rate as the non-
957 exposed “baseline” group. Moreover, the vitality of the born nauplii was also
958 comparable to the “baseline.” Vitality was defined as the number of live nauplii
959 capable of swimming continuously concerning the number of cysts. This result

960 denotes an extraordinary level of bioresilience, in which the natural behavior of
961 the nauplii was preserved even after the exposition to cyanotoxins. Therefore, it
962 was necessary to investigate the mechanisms involved through Hsp (Heat Shock
963 Proteins) gene expression, which actively participates in bioresilience processes
964 in the genus *Artemia* [11-15, 54, 55, 68-69].

965 An increase in Hsp 26 and p26 gene expression was seen in cysts and nauplii
966 treated with Isotherpic (*R. raciborskii* extract) 200cH compared to the other
967 treatments. The protein p26 is a small heat shock protein abundant in *Artemia*
968 *franciscana* embryos during diapause. It is responsible for prolonging it,
969 increasing the tolerance of embryos to stress even without modifying their
970 metabolic activity [54, 55].

971 Heat Shock Proteins (Hsp) are present in all living beings and play a
972 fundamental role in cell signaling and adaptation processes, especially as
973 chaperones, whose function is to help proteins in the folding process, that is, in
974 defining their three-dimensional tertiary structure, ensuring that they achieve the
975 correct spatial design for their functions [70, 71]. The protein p26 belongs to a
976 chaperone group that forms large oligomeric complexes, or Hsp26. Dissociation
977 of the Hsp26 complex is a prerequisite for the activity of these chaperones [55,
978 68]. The viability and vitality of the born nauplii, therefore, could be an indirect
979 consequence of the efficiency of these chaperones in the embryonic phase,
980 generating larvae that are better able to survive despite the hostile environment.

981 Regarding the limitation of the exponential growth of *R. raciborskii* in ASM-1
982 medium, *Nitric acidum* 200cH and *Mercurius solubilis* 30cH showed a similar and
983 lasting effect, regardless of the cyanobacterial population and the corresponding

984 saxitoxin concentration. However, succussed water had a transitory effect face
985 to the multiple growth cycles of cyanobacteria as a function of time. The ASM-1
986 medium is ideal for facilitating its growth, containing various metals such as iron,
987 copper, cobalt, and molybdenum, as well as sodium and potassium. The
988 presence of these metals in water is a factor that favors cyanobacteria growth;
989 for this reason, their presence and flowering is often an indicator of pollution [56-
990 61].

991 The quantitative evaluation of the growth rate was made from the filament
992 count. Cyanobacterial filaments are like true multicellular organisms, as nitrogen
993 and carbon are exchanged among cells through the filament's septal junctions,
994 which ensures their continuous growth. Filament counting is a commonly used
995 technique to observe the growth rate of cyanobacteria [51, 53]. In the exponential
996 phase, for example, these microorganisms are at their maximum growth capacity,
997 and the nutrient supplies of the ASM-1 medium are more than necessary for their
998 needs.

999 It is understood that the efficiency of these homeopathic potencies under
1000 laboratory conditions suggests that they may also have a fundamental role in
1001 natural conditions, promoting the maintenance of water reservoirs in a eutrophic
1002 and sustainable way. Such limitation of cyanobacteria growth would not prevent
1003 their photosynthesis nor generate chemical residues in the water since both
1004 potencies are prepared at concentrations beyond the limit of Avogadro's number.
1005 The expected benefit would be improving water quality for human and animal
1006 consumption, mainly if associated with other sustainable water depollution
1007 methods. Therefore, the result obtained here inspires future studies in a field
1008 situation.

1009 The possibility of using homeopathic preparations in field conditions leads to
1010 the need for tracking their activity when inserted in large bodies of water, as
1011 previously demonstrated in [35]. Thus, there is a need to identify physicochemical
1012 markers that indicate their presence in the liquid medium. This seems to be
1013 possible using solvatochromic dyes [34, 39]. Herein, the identification of
1014 potencies was carried out using a wide selection of dyes that covered different
1015 ranges of the visible light spectrum to find those specific dyes that could act as
1016 ideal markers for individual potencies.

1017 Considering the electromagnetic characteristics of the interaction between
1018 homeopathic potencies and solvatochromic dyes [36, 37], an additional protocol
1019 was proposed. The samples were subjected to a known magnetic field before
1020 being tested [40-44], thereby potentially enhancing the interaction with the dyes.

1021 The result showed that Coumarin 7 and Nile red were the best options for
1022 identifying potencies subjected to a constant magnetic field for 15 minutes.
1023 Therefore, using the proposed protocol, these dyes were chosen to analyze
1024 *Artemia franciscana* sea water and *R. raciborskii* ASM-1 medium. The results
1025 indicated the possibility of tracking the activity of Isotherapeutic (*R. raciborskii*
1026 extract) 200cH in seawater using Coumarin 7, *Hydrochloric acid* 1cH, *Nitric*
1027 *acidum* 6cH, and *Plumbum metallicum* 6cH previously submitted to the magnetic
1028 field. On the other hand, Nile red enabled the tracking of *Nitric acidum* 200cH and
1029 *Mercurius solubilis* 30cH potencies in ASM-1 medium after submitting the
1030 samples to the magnetic field.

1031 An important detail of the method is how samples are prepared before
1032 interacting with the dyes, as standardized in previous studies [24, 34, 35, 39]. In

1033 all cases, an additional potency (1cH) of each sample is made in a 30% filtered
1034 hydroalcoholic solution, which therefore corresponds to 99% of the content
1035 poured into the dye, respecting the 1:60 ratio, which leads to a final dilution of
1036 1:6000, warranting that measurements were related to the solvent changes itself.

1037 Samples of seawater and ASM-1 medium showed more significant variance
1038 than samples of pure homeopathic potencies when read in spectrophotometry
1039 even after treatment with the magnetic field, which is understandable given the
1040 heterogeneity of the starting material to influence the solvent polarity after all the
1041 procedures. However, this fact did not prevent the identification of potencies in
1042 the respective liquid mediums, which is crucial considering the intention to use
1043 this methodology in eventual field studies when large volumes of water must be
1044 managed.

1045 In parallel, the additional physicochemical parameters analyzed directly in the
1046 ASM-1 medium containing *R. raciborskii* (quite different medium conditions)
1047 showed essential differences. Contrary to previous studies on conductivity
1048 variations in different homeopathic medicines [72-76], conductivity remained
1049 constant as a function of time regardless of the treatment, indicating that this is
1050 not a useful physicochemical marker for homeopathic potencies in cyanobacterial
1051 cultures. The ASM-1 medium composition, having high concentrations of salts
1052 and metals, probably made the homeopathy introduction impossible to detect
1053 since the medium is already very conductive. The repetition of this test in other
1054 experimental models, using a less conductive medium, could be an ideal
1055 condition for detecting eventual changes in conductivity after pouring
1056 homeopathy into the liquid.

1057 On the other hand, the differences in pH among treatments seem to be clear,
1058 and the samples treated with *Nitric acidum* 200cH presented a tendency to
1059 maintain a higher pH in relation to the other treatments throughout the
1060 experimental period. The increase in pH denotes a lower hydrogen ion
1061 concentration in the medium, which may have a number of explanations,
1062 including potency-induced changes in solute and/or solvent pKa values.

1063 Previous studies show that pH can be a physicochemical marker capable of
1064 differentiating homeopathic potencies, but in a less specific way [76]; however,
1065 even if the increase in the pH of the medium was already described in
1066 homeopathy studies [77], this change observed after treatment with *Nitric acidum*
1067 200cH does not seem to be associated with cyanobacteria growth inhibition since
1068 alkaline pH, instead, enhances *R. raciborskii* growth [7]. Herein, the pH
1069 oscillations did not exceed the limits between 7.0 and 9.0. Therefore, they do not
1070 compromise the water quality, which could be a relevant fact for eventual field
1071 studies. On the contrary, they favor the precipitation of heavy metals, contributing
1072 to their potability [78].

1073 Among the physicochemical findings, the temperature oscillations when
1074 inserting *Nitric acidum* 200cH and *Mercurius solubilis* 30cH were the most
1075 peculiar. Opposite changes were observed between them, both in samples kept
1076 *in natura* or in samples previously subjected to the magnetic field. The increase
1077 in enthalpy has been reported in homeopathic preparations in a solid medium
1078 during the grinding process of metals in lactose [79, 80]. Still, a few studies have
1079 done this observation in a liquid medium [81]. The physicochemical reasons for
1080 such oscillations are still unknown, this is a topic of interest for future studies. In
1081 biological terms, it is known that *R. raciborskii* is quite tolerant to temperature

1082 variations [65-67]. Thus, the effects of homeopathic potencies on cyanobacteria
1083 growth couldn't be attributed to a non-specific effect related to such oscillations.

1084 The role of a constant, intense, and unidirectional magnetic flow as a
1085 facilitating factor for the interaction of the samples with solvatochromic dyes was
1086 a significant finding since it can represent an improvement of the method
1087 sensitivity. However, the impact of this interference on the biological effects of the
1088 potencies is still a matter of scrutiny, to be focused on in further studies.
1089 Moreover, variations in the magnetic field intensity and magnetic flow direction
1090 also need to be studied. Maybe it can indicate crucial factors related to the
1091 mechanism of action of homeopathic potencies in the future.

1092 In short, the results obtained in this study are an indicative suggestion of the
1093 potential of homeopathy in mitigating environmental problems related to
1094 microorganisms that impact ecosystems, with the possibility of monitoring it by
1095 sensitive methods and further management tools. This goes toward the FAO's
1096 recommendation for a "One Health" approach [63, 64] and the sustainable
1097 development goals for the coming decades [63].

1098

1099 **5. Conclusion**

1100

1101 The Isotherapeutic (*R. raciborskii* extract) 200cH proved to be the best option to
1102 improve the bioresilience of *Artemia franciscana* to saxitoxin, given the effects on
1103 cyst hatching, the vitality of born nauplii and Hsp26 / p26 expression. *Nitric*
1104 *acidum* 200cH and *Mercurius solubilis* 30cH were the best agents limiting the
1105 exponential growth of *R. raciborskii*. Concomitant increase of pH and

1106 temperature oscillations with these effects are two physicochemical parameters
1107 that deserve further studies.

1108 In all cases, tracking the homeopathic potencies' activity using
1109 solvatochromic dyes was possible. All physicochemical analyzes were optimized
1110 after the previous submission of the samples to a constant, intense, and
1111 unidirectional magnetic flow.

1112 The results point to the potential of homeopathy in mitigating environmental
1113 problems related to water quality.

1114

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1121

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Supplementary material

Eco-homeopathy: Homeopathic potencies regulate the growth and toxicity of *Raphidiopsis raciborskii* (cyanobacteria) and can be tracked by physicochemically

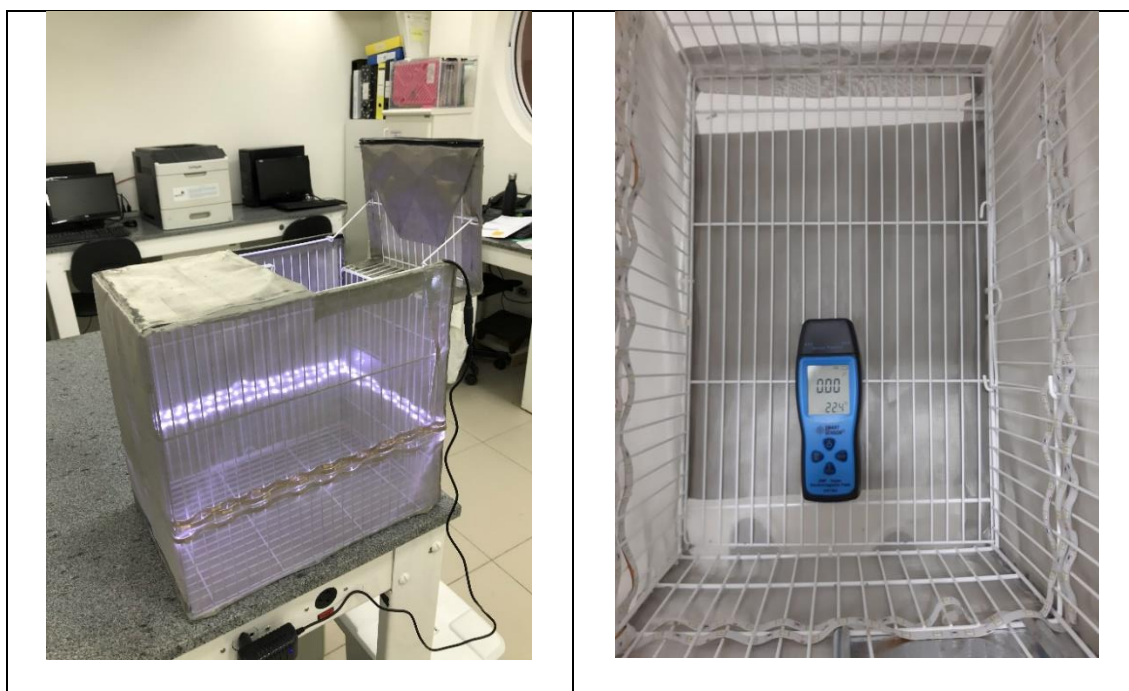
Supplementary material 1

Quantity of *R. raciborskii* filaments per liter and the equivalent amount of saxitoxin (μg) per liter. All samples were prepared in 10 ml of 0.05 M hydrochloric acid. The correspondence was previously determined by Prof. João Sarkis Yunes at the Federal University of Rio Grande (FURG), where they were produced.

Sample (10ml HCl 0.05 M)	<i>R. raciborskii</i> Filaments / liter ($\times 10^6$)	(*) Equivalent saxitoxin $\mu\text{g/liter}$ 0.05 M HCl
X	860	69.42
Y	693	42.46
Z	428	21.25
5	297	20.86
6	217	16.08
7	143	13.93
8	104	5.69
0.05 M hydrochloric acid	0	0

Supplementary material 2

Faraday cage is built with a metallic structure covered with a 250-mesh stainless steel tissue (0.04mm wire diameter) with no opening, which protects the internal environment from any external electromagnetic oscillation (see the Gaussmeter inside). A tape containing 300 micro-led bulbs was fixed in the walls allowing constant and equally distributed light to promote cyst hatching. Lights were connected to a conventional electrical energy source outside the cage. The internal magnetic field inside the cage was $0.06 \mu\text{T}$ when the lights were on, similar to the magnetic field measured at different points of the room. The room has no windows and is well isolated from external magnetic oscillations as well. This small level of magnetic field is desirable to allow a perfect performance of homeopathic potencies on living beings, according to [48]. The cage was manufactured in the laboratory from a project designed by the physicist Prof. Adriana Ramos de Miranda.



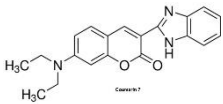
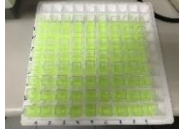
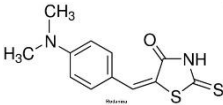
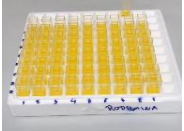
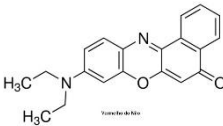
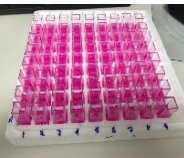
Supplementary material 3

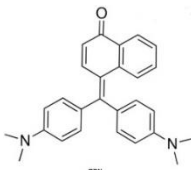
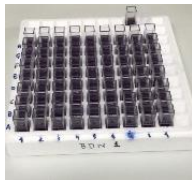
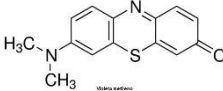
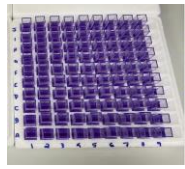
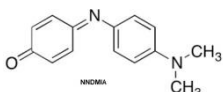
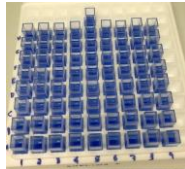
R. raciborskii T3 strain cultures in Erlenmeyer recipient and glass tubes presenting typical yellowish color when reaching the exponentially growing phase.



Supplementary material 4

Standard solvatochromic dyes, chemical features, and respective working concentrations

Dye	Chemical structure	Color in absolute ethanol	Standard Molarity
<p>COUMARIN 7 3-(2-BENZIMIDAZOLYL)-7-(DIETHYLAMINO)COUMARIN CAS Number 27425-55-4 $C_{20}H_{19}N_3O_2$</p>	 <p>(https://www.sigmaaldrich.com/BR/pt/product/aldrich/416541)</p>	<p>Fluorescent green/yellow</p> 	25 μ M
<p>RHODANINE 5-(4-DIMETHYLAMINO BENZYLIDENE) RHODANINE CAS Number: 536-17-4 $C_{12}H_{12}N_2OS_2$</p>	 <p>(https://www.sigmaaldrich.com/BR/pt/product/aldrich/114588)</p>	<p>Yellow</p> 	50 μ M
<p>NILE RED NILE BLUE A OXAZONE CAS Number: 7385-67-3 $C_{20}H_{18}N_2O_2$</p>	 <p>(https://www.sigmaaldrich.com/BR/pt/product/sigma/19123)</p>	<p>Pink</p> 	20 μ M

<p>BDN (+) 4-(BIS-(4-(DIMETHYLAMINE) PHENIL) METHYLENE) - 1(4H) - NAFTALENONE CAS Number: not available C₂₇H₂₆N₂O</p>	 <p>(https://www.sigmaaldrich.com/B R/pt/product/sigma/19123)</p>	<p>Purple/deep blue</p> 	<p>80 μM</p>
<p>VM METHYLENE VIOLET (BERNTHSEN) CAS Number: 2516-05-4 C₁₄H₁₂N₂OS</p>	 <p>(https://www.sigmaaldrich.com/B R/pt/product/aldrich/s873705)</p>	<p>Purple</p> 	<p>50 μM</p>
<p>N, N-DIMETHYLINDOANILINE (NN-DMIA) 4-[[4-(Dimethylamine) phenyl] luminol]-2,5-cyclohexadien-1-one CAS Number: 2150-58-5 C₁₄H₁₄N₂O</p>	 <p>(https://www.sigmaaldrich.com/B R/pt/product/sial/216313)</p>	<p>Blue</p> 	<p>25 μM</p>

Supplementary material 5

Previous treatment of the samples with a 2400 Gauss static unidirectional magnetic field generated by a neodymium magnet to evaluate the interaction with solvatochromic dyes.



Supplementary material 6

Screening of potencies used in *Artemia franciscana* cultures:

Screening of homeopathic potencies and the respective controls for selection according to nauplii vitality (living nauplii/cyst ratio) and lethality (dead nauplii/cyst ratio), and cyst hatching ratio after the exposure to the extract 5 of *R. raciborskii* containing 2.5µg/liter of saxitoxin (N=6594 cysts). The selected potencies are **bold**.

Potencies	live / cyst ratio	dead / cyst ratio	hatching ratio
Baseline	0.824	0.006	0.828
Water	0.744	0.014	0.754
Succussed water	0.775	0.006	0.779
<i>Hydrochloric acid</i> 1cH	0.709	0.006	0.714
Isotherapic 6cH	0.717	0.037	0.743
Isotherapic 30cH	0.732	0.011	0.740
Isotherapic 200cH	0.809	0.000	0.809
<i>Mercurius solubilis</i> 6cH	0.742	0.005	0.746
<i>Mercurius solubilis</i> 30cH	0.675	0.010	0.682
<i>Mercurius solubilis</i> 200cH	0.742	0.024	0.760
<i>Nitric acidum</i> 6cH	0.671	0.006	0.675
<i>Nitric acidum</i> 30cH	0.728	0.017	0.740
<i>Nitric acidum</i> 200cH	0.686	0.008	0.691
<i>Phosphoric acidum</i> 6cH	0.707	0.006	0.711
<i>Phosphoric acidum</i> 30cH	0.734	0.005	0.738
<i>Phosphoric acidum</i> 200cH	0.737	0.016	0.748
<i>Plumbum met</i> 6cH	0.725	0.000	0.725
<i>Plumbum met</i> 30cH	0.688	0.019	0.701
<i>Plumbum met</i> 200cH	0.782	0.039	0.813
<i>Sulphur</i> 6cH	0.751	0.030	0.773
<i>Sulphur</i> 30cH	0.712	0.024	0.729
<i>Sulphur</i> 200cH	0.767	0.037	0.795
<i>Zincum met</i> 6cH	0.742	0.005	0.746
<i>Zincum met</i> 30cH	0.714	0.035	0.739
<i>Zincum met</i> 200cH	0.721	0.013	0.730

OBS. Isotherapic 200cH was chosen for presenting the highest level of vitality and no death, *Nitric acidum* 6cH was chosen for presenting the lowest hatching ratio, and *Plumbum metallicum* 6cH was chosen for presenting no death.

Screening of potencies used in *R. raciborskii* cultures:

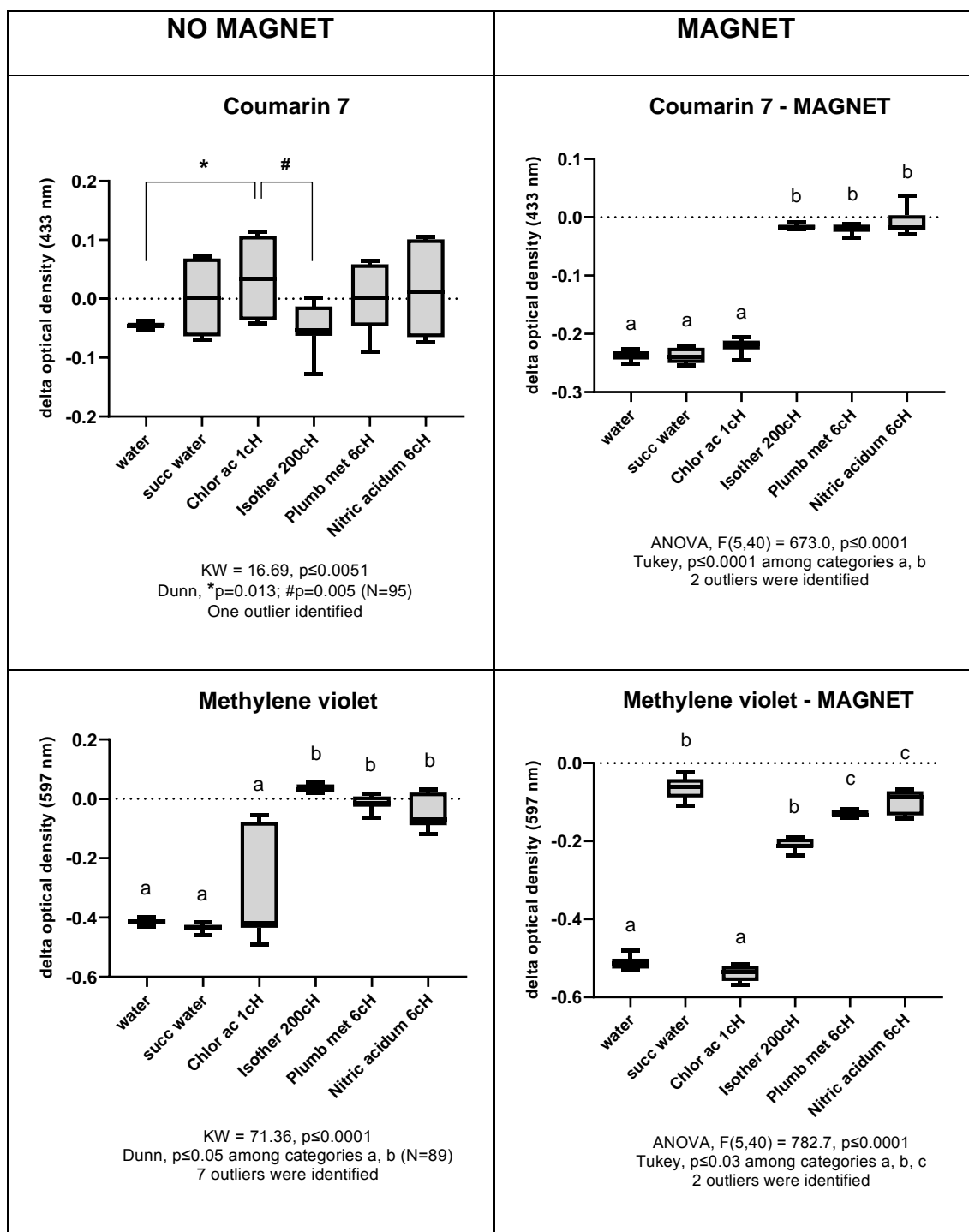
Screening of homeopathic potencies and the respective controls according to the growth limiting of *R. raciborskii* cultures. The number of filaments per milliliter was used as cyanobacteria growth parameters. Data are represented as the mean of each sample in triplicate. N=69 cultures. The selected potencies are **bold**.

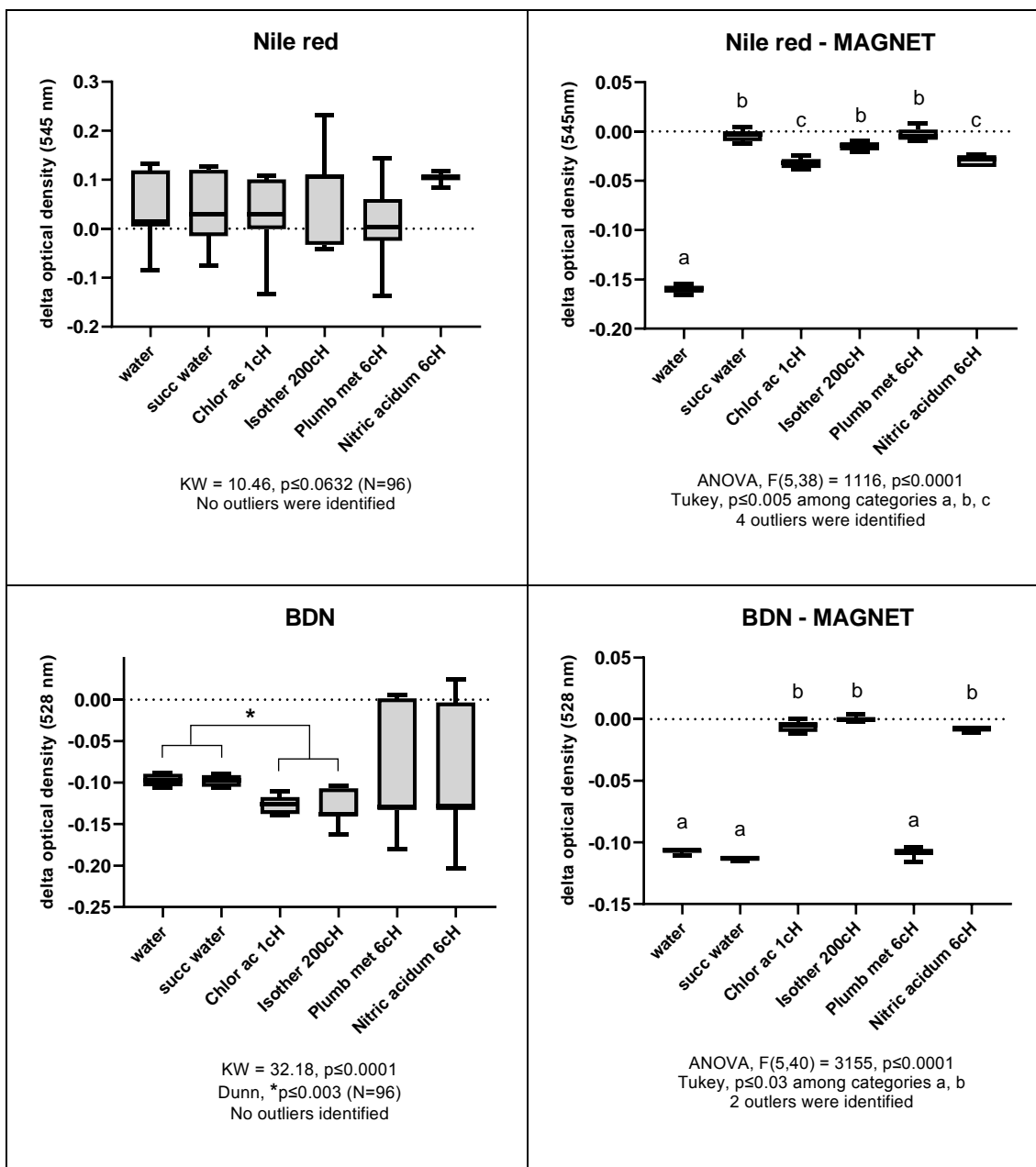
Treatments / experimental days	1	3	6	8	10	13	15	17	20	21	24
Baseline	11,67	38,67	82,33	45,67	25,67	102,33	96,33	107,00	107,67	25,67	25,00
Succussed water	14,00	27,67	42,00	32,67	14,67	167,67	67,00	40,67	11,00	8,67	10,33
Isotherapic 6cH	22,33	32,33	48,33	24,67	9,33	66,33	15,00	3,33	4,00	4,33	1,67
Isotherapic 30cH	11,67	18,33	40,67	32,00	13,33	52,67	13,67	13,00	12,00	1,33	6,00
Isotherapic 200cH	39,67	38,33	109,33	57,67	12,67	74,67	99,33	14,33	16,33	9,67	4,33
Mercurius solubilis 6cH	26,00	34,67	51,33	15,67	7,67	70,00	13,00	23,33	6,00	2,67	4,00
Mercurius solubilis 30cH	15,00	19,33	28,33	24,33	9,67	17,00	11,00	10,00	15,33	9,00	8,33
Mercurius solubilis 200cH	12,00	63,33	132,67	30,33	6,67	131,00	34,33	31,33	14,67	5,33	4,00
Nitric acidum 6cH	18,67	23,33	34,00	7,33	3,67	92,00	68,33	83,67	38,33	6,67	6,67
Nitric acidum 30cH	15,67	25,33	47,00	26,67	10,67	82,33	17,00	10,00	34,67	8,67	13,33
Nitric acidum 200cH	19,33	10,00	17,33	13,00	8,00	19,33	5,33	3,33	4,67	1,00	4,33
Phosph acid 6cH	16,33	109,67	215,00	10,67	7,67	81,33	46,33	52,67	16,33	6,67	8,00
Phosph acid 30cH	18,00	34,67	54,67	11,67	9,67	74,67	17,67	18,33	39,00	50,33	42,33
Phosph acid 200cH	17,67	40,67	98,00	13,33	12,33	43,67	25,67	21,00	40,33	42,33	36,00
Plumbum met 6cH	22,33	22,67	21,00	16,33	6,67	114,00	20,33	18,67	20,00	9,67	11,00
Plumbum met 30cH	55,67	36,33	30,67	50,00	5,33	64,00	14,33	7,67	9,00	8,67	7,33
Plumbum met 200cH	15,67	27,00	44,00	25,67	17,33	46,33	40,00	38,00	43,33	37,33	40,33
Sulpuhr 6cH	13,00	26,00	28,33	40,33	13,00	68,00	21,67	8,33	18,33	3,33	7,33
Sulpuhr 30cH	11,67	35,67	57,00	48,67	16,67	84,00	20,67	14,33	8,00	2,67	3,67
Sulphur 200cH	15,00	17,00	37,33	26,00	10,67	59,33	24,00	5,67	2,00	0,33	2,33
Zincum met 6cH	18,67	21,33	30,33	42,67	19,33	95,33	66,67	25,33	2,00	4,33	5,33
Zincum met 30cH	23,33	22,00	20,67	11,33	36,33	72,33	18,00	30,33	39,67	26,00	22,33
Zincum met 200cH	13,67	18,33	38,00	17,00	8,67	73,33	11,00	3,67	17,00	12,00	8,67

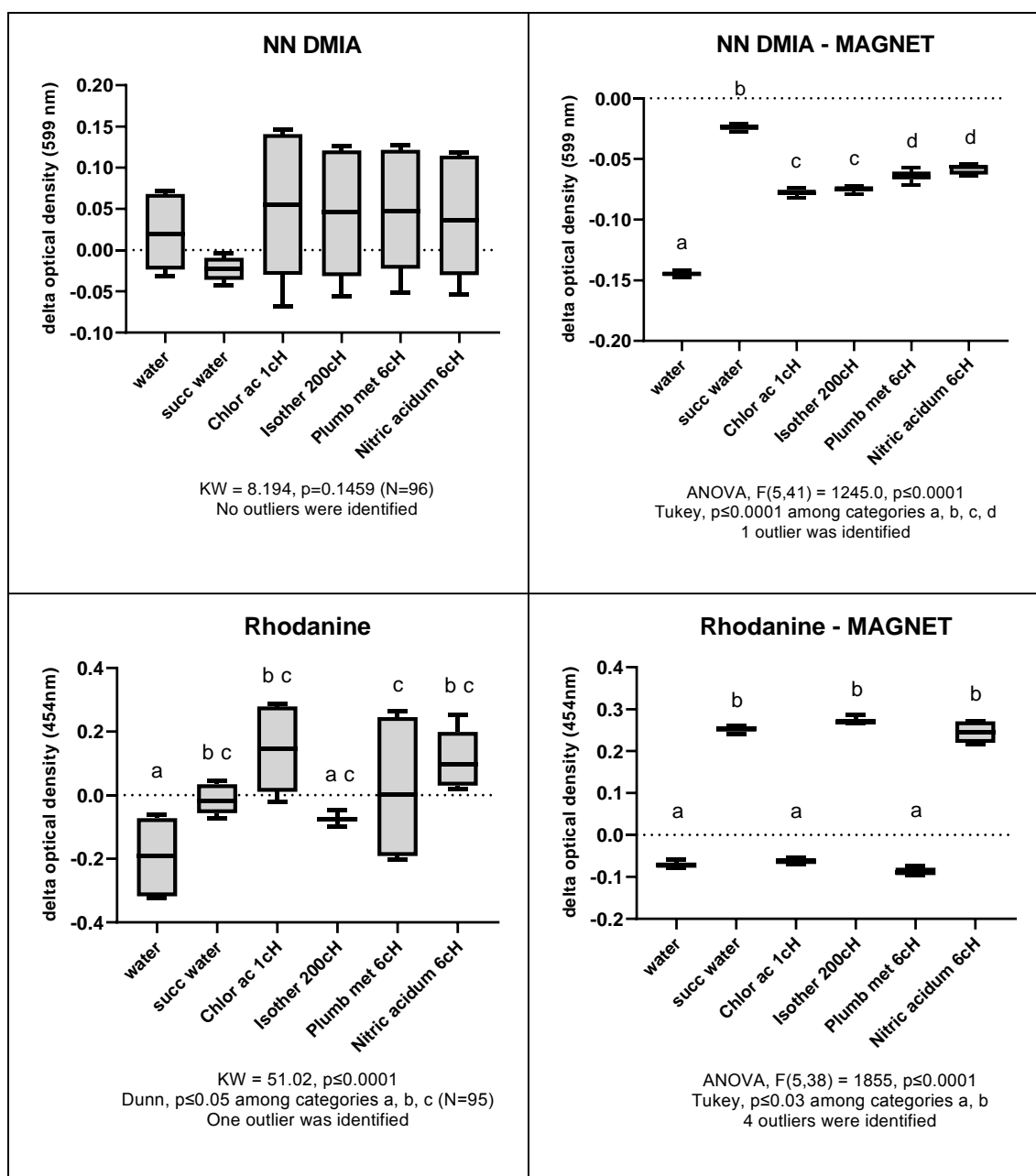
Supplementary material 7

Solvatochromic dye screening for potencies used in *Artemia franciscana*

cultures:







Solvatochromic dye screening for potencies used in *R. raciborskii*

cultures:

